



OMSA USMLE Step 1 Registration Guide 2026

Signing up for Step 1 involves several separate systems that must be completed in sequence.

The full process can take **up to two months or more**, especially for credential verification, so it is important to start early.

Contact your OMSA representatives if you run into problems.

Process Checklist

You will move through these stages in order:

1. Obtain a MyIntealth Identification Number (formerly ECFMG number) via Opening a MyIntealth account
2. Start the ECFMG Certification via MyIntealth
3. Identity Confirmation via NotaryCam
4. Submit the ECFMG Certification application
5. Apply for USMLE Step 1 via FSMB and get permit to schedule exam
6. Schedule exam at Prometric Center

Each stage must be finished before the next becomes available.

Step 1: Create a MyIntealth Account

To set up your MyIntealth Account visit the Website: <https://www.myintealth.app/>

Purpose of MyIntealth

MyIntealth is used to:

- Verify who you are
- Process ECFMG certification (this is the company that allows IMG students to become certified as physicians within the USA)
- Confirm your academic credentials

It is **not** where you sign up for the exam itself. It simply establishes your eligibility so you can register later through the Federation of State Medical Boards (FSMB).

How to Register

1. Go to the site <https://www.myintealth.app/>
2. Click to the applicant portal under “for applicants”

For Applicants

If you are an individual applicant (international medical school student/graduate, physician, etc.), use the links below to access services.



3. Select “Access MyIntealth”
4. Click “Don’t have a MyIntealth account” (UQ email recommended, don’t forget it’s @student.uq.edu.au, not @[uq.edu.au](https://www.uq.edu.au))
5. Verify your email address and create an account.

Accuracy Matters

- Your name must match your passport exactly
- Use an email address you will keep long-term (UQ email recommended)
- Review all entries before submitting

Even minor differences (middle initials, spacing, spelling) can hold up your application.

Step 2: Start the ECFMG Certification Process:

After your MyIntealth account is approved:

1. Log into your MyIntealth Applicant Portal
2. Scroll down to ECFMG Certification and click “Begin Application”

ECFMG Certification

The ECFMG Certification program assesses whether students and graduates of international medical schools are ready to enter residency or fellowship programs in the United States that are accredited by the Accreditation Council for Graduate Medical Education (ACGME).

Select ECFMG Certification if you plan to pursue a residency or fellowship program in the United States.

Begin Application

3. Fill out all details in the form.
 - a. Your name, personal details, and passport information must **EXACTLY** match your passport.
 - b. Upload a current photo of yourself and a photo of your passport. The photo must be clear with no glares and include the numbers at the bottom of your passport page.
 - c. Use an US address (preferably your permanent address)
 - d. School information
 - i. Medical school: **University of Queensland Faculty of Medicine.**
 - ii. Degree awarded: **Doctor of Medicine.**
 - iii. Start date: **February 2025**
 - iv. End date: **December 2028**
 - v. Degree issue date: **December 2028.**
 - vi. Add additional medical schools if applicable.
 - e. Organization(s) to Which I Am Applying
 - i. Check the “I do not know to which organization(s) I plan to send EPIC reports” box
 - f. Add medical licenses if applicable; otherwise, click “Next”
 - g. Additional information
 - i. This page is voluntary and **DO NOT** need to be filled out
 - ii. You will not have completed any clerkships at this stage of medical school
 - iii. Add current employment if applicable
 - h. Read the summary page in its entirety and make sure there are **no mistakes**
4. Check the attestation boxes
5. Pay the **\$110.00** fee for account establishment (\$60) and online notary (\$50).
6. Once payment is complete, your ECFMG Certification should be “**Submitted for Identification Review**” in your MyIntealth Applicant Portal

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MyIntealth Account Establishment Request Progress

Current Status: Submitted for Identification Review

Submitted for Identification Review

Submitted for Identity Verification Review

Account Established

7. Check your email frequently, as MyIntealth may follow up with additional requests/resubmissions of documents.

Step 3: NotaryCam

1. Once you are ready for online notary, status will change to “Pending Applicant Action-Notarize Identity Form:

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MyIntealth Account Establishment Request Progress

Current Status: Pending Applicant Action-Notarize Identity Form

Submitted for Identification Review

Submitted for Identity Verification Review

Account Established

Continue

See Case Details

2. Click continue, click “**View Your Intealth Identification Form**” and make sure your ID documents are correct. Then check the box next to “**Intealth Identification Form Release and Attestation**” to initiate an online notary session.
3. You will receive an email from ECFMG to schedule one. You will have 48 hours to schedule it, otherwise the link will expire and you will have to request a new one. If you do not receive an email or are unable to initiate an online notary session through the MyIntealth Applicant Portal, contact MyIntealth.
4. Go to the link provided in the ECFMG email or in your MyIntealth Applicant Portal to go to NotaryCam. They recommend using a **CHROME** browser to access the site. Create a password with them and continue.

What Happens During The Notarization Session:

You will join a short video appointment where a notary:

- Verifies your identity and asks for your home and current address
- Reviews your passport
- Swear an oath that the information is correct and finalize your form to be sent to ECFMG

Items You Must Have Ready:

- MyIntealth ID number
- Valid passport or US government ID
- Webcam-enabled device
- Strong internet connection

- Once you are in NotaryCam, you can initiate an online notary session.

Online Notary Session

Please ensure you have the following items before you begin the online notary live session with NotaryCam.

- A computer with a webcam and audio (Visit <https://www.notarycam.com/faq/> for system requirements.)
- Google Chrome web browser
- Reliable high-speed internet connection
- Your original, color passport

Your identification form will be made available during the online notary live session. Once you are ready, please initiate an online notary live session by clicking the button below. Wait times may vary.

Initiate Live Notary Session

- The system will check your webcam, microphone, and ask you to hold up your passport/ID.
- Once the system checks are completed, you can either schedule a meeting or join a live online notary session immediately.
- Schedule a meeting or hop on a live webcam call, follow all instructions, and electronically sign the form. The notary will send the form to ECFMG, who should reply within 7-10 business days.
- Once the notary is finished and everything went accordingly, your NotaryCam dashboard should look like this:

The screenshot shows a dashboard with a search bar, a table of transactions, and a sidebar. The table has columns for Signer, Status, Department, Created, Last Modified, Transaction Name, and Transaction Description. A transaction is listed with a status of 'Completed' and a date of 'Tuesday, March 10, 2026 8:56 AM EDT'. An 'Open Transaction' button is visible on the right.

Step 4: Submit Application for ECFMG Certification via MyIntealth

We recommend using Chrome for this step.

- Go to your MyIntealth Portal and click **“continue with ECFMG certification”**
- Click **“Application for ECFMG Certification”** near the top

ECFMG Certification

About ECFMG Certification Application for ECFMG Certification ECFMG Exam History ECFMG Certificate

About ECFMG Certification

Welcome to ECFMG Certification! We look forward to supporting you through the certification process on your way to achieving your educational and professional goals. Below is a high-level overview of the process and requirements.

For detailed information on the ECFMG Certification program and requirements, see the [Certification](#) section of the ECFMG website and the [ECFMG Information Booklet](#).

Complete the Application for ECFMG Certification

As part of the Application for ECFMG Certification, you will be asked to provide detailed information on your medical education, including your degree medical school, graduation date, and degree title, as well as information on any other medical schools and institutions you may have attended. If you are a medical school graduate, you will need to provide a copy of your final medical diploma or other graduation documentation. If you have transferred credits to the school from which you graduated or expect to graduate, transcripts to document these credits will be required. See the Application for ECFMG Certification tab for detailed instructions and to apply.

Apply for USMLE

Once your Application for ECFMG Certification has been accepted, you can apply for United States Medical Licensing Examination® (USMLE®) Step 1 and Step 2 Clinical Knowledge (CK) provided you meet the exam eligibility requirements. You must have a valid passing performance on USMLE Step 1 and Step 2 CK to meet the medical science examination requirement for ECFMG Certification. See the [USMLE website](#) for more information and to apply.

- Scroll down and click **“Begin Application”**
- Fill out the required information.

- a. Number of Years Attended: 2.0
 - b. Graduation Date: December 2028
5. Continue clicking through the application, fill out any necessary info, and complete the attestation.
6. Complete the payment for **\$580**
7. Once payment is complete, you should get a confirmation email along with a confirmation page:

Thank You!

You have successfully submitted your application/service request. We will notify you as soon as your request has been processed. You can also monitor the status of this request using the case number provided below.

8. Your application status should now be: **“Accepted”**

ECFMG Certification

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Application for ECFMG Certification

Application Status : Accepted

Application for ECFMG Certification Overview

Completing the Application for ECFMG Certification is the first milestone in your pursuit of ECFMG Certification. You must submit an Application for ECFMG Certification, and it must be accepted by ECFMG, before you can work toward meeting the other requirements. There are fees associated with submitting the Application for ECFMG Certification and uploading credentials for primary-source verification. See the [Fees page](#) of the ECFMG website for details. Once you begin your application, it will be saved for 60 days. If you do not submit your application within 60 days, it will be deleted, and you will need to begin a new application if you wish to pursue ECFMG Certification.

Before you begin your application, you must review and be familiar with the [Policies and Procedures Regarding Irregular Behavior](#) and the most current edition of the [ECFMG Information Booklet](#).

In order to proceed with the Application for ECFMG Certification, you must be a student or graduate of a medical school that is listed in the [World Directory of Medical Schools \(World Directory\)](#) with an [ECFMG note](#) stating that the school meets eligibility requirements for its students and graduates to apply to ECFMG for ECFMG Certification. The ECFMG note also will include the graduation years for which the school meets these requirements. Since ECFMG is a sponsor of the [World Directory](#), the ECFMG note is located on the “Sponsor Notes” tab of the medical school listing.

This step begins the official review of your eligibility for the USMLE. You cannot apply through FSMB until your ECFMG certification credentials show as verified. Verification takes approximately 3 weeks.

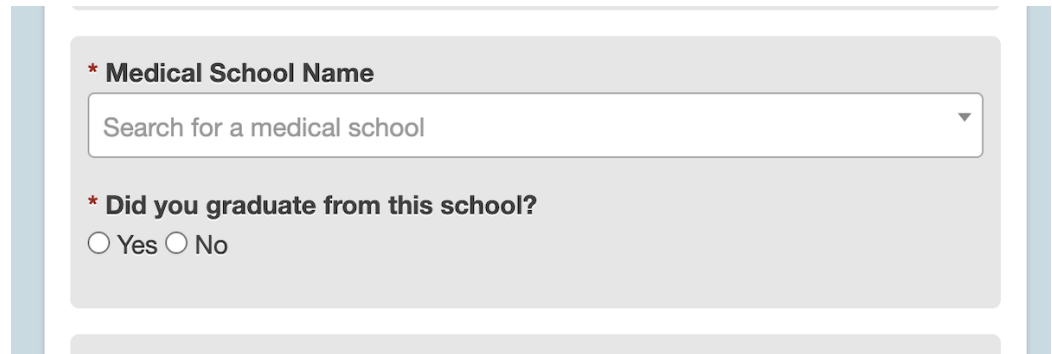
Step 5: Apply for USMLE Step 1 via FSMB

Website: <https://usmle.fsmb.org/>

Once MyIntealth shows that you are eligible, you will switch to FSMB to submit your Step 1 application.

1. Create an FSMB account
 - a. Select **“Log in”**
 - b. Select **“Sign Up Now”** under the Sign In Button where it says **“Don’t have an account?”**
 - c. Fill Out Your Information and Provide Your MyIntealth ID to link accounts

- d. For Medical School Name, make sure to pick “**University of Queensland Faculty of Medicine**” (or equivalent), **NOT** “**University of Queensland Ochsner Clinical School**”



* **Medical School Name**

Search for a medical school ▼

* **Did you graduate from this school?**

☐ Yes ☐ No

- i. Picking Ochsner Clinical School will prevent you from signing up for the USMLE, and you will have to call or email FSMB to have it corrected.
2. Once account is verified, you can proceed
 3. Select USMLE
 4. Complete the application
 5. Select the **correct** testing window: December 2026 - February 2027
 - a. This window typically becomes available in late August/early September.
 6. Select your testing region
 - a. You are **strongly** advised to schedule and take USMLE Step 1 in the United States.
 7. Pay the **\$695** fee
 8. It will take approximately 2-3 weeks for FSMB to approve your application and get your scheduling permit

FSMB will automatically check your status with ECFMG. You do not need to upload documents again.

If any earlier step is incomplete, the system will not allow you to proceed.

Step 6: Schedule exam at Prometric Center

Once you have your permit:

- Go to the Prometric website: <https://proscheduler.prometric.com/>
- Choose an available date within your eligibility window

Good luck!! Reach out to any OMSA Board Members if you have any questions.