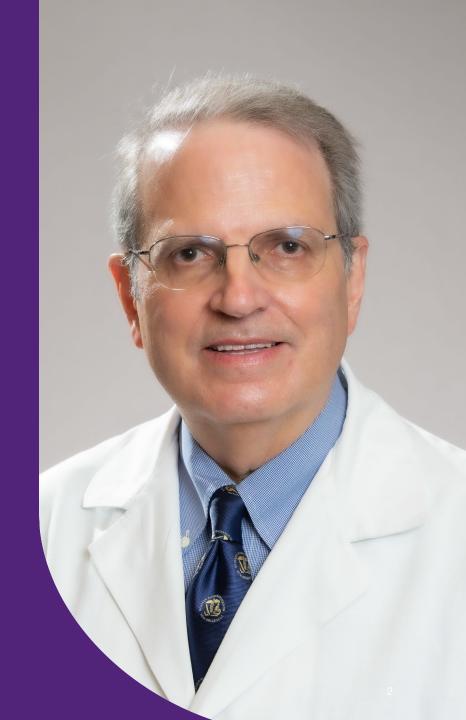


## **UQ-Ochsner MD Program**

Year 2, 2025

Ronald G Amedee, MD, FACS Professor

**Director, Ochsner Clinical School** 







### Ochsner Clinical School





Professor Leonardo Seoane, MD
Chief Academic Officer and Executive Vice President
Ochsner Health



Professor Ronald Amedee, MD
Director, Ochsner Clinical School
Dean of Medical Education, Ochsner Health



Carl Tholen
Vice President
Education Operations, Ochsner Health
Chief Administrative Officer, OCS



Professor Dodd Denton, MD, MPH
Deputy Director of Student Affairs



Charles Kantrow, III, MD

Deputy Director of

Curriculum



Assistant Professor
Tamika Webb-Detiege, MD
Deputy Director of
Admissions & Enrollment





### Ochsner Clinical School Contacts



#### **New Orleans**

#### Student Administration Leadership



Scott Peters
Program Director



Jaclyn Najar Manager, Clinical Education

## **Student and Academic Affairs**Senior Education Program Managers



**Lisa Casey** Ochsner Student Support Lead



**Brooklyn Jackson**Admissions Operations



Stacey Porter
Student Operations



Amy Tredanari Student Event Management

## Clinical Education Senior Education Program Managers



Kim Benoit Surgery & OBGYN



Ashley Bonura
Critical Care &
Surgical
Specialties



General Practice & Medicine in Society



Whitney Johnston

Medicine & Mental

Health



Devona Nicholas Medical Specialties & Pediatrics



**Courtney Zellner**Electives & Away
Rotations





### **UQ** Contacts



#### Student and Academic Admin



Jules Filipic
Ochsner Partnership
Advisor



Ashlee Flohr
Coordinator, International
& Ochsner Partnerships

#### Marketing and Communications



Peter Murphy
Senior Manager,
Marketing &
Communications



Brian Mallon
Manager, Marketing &
Recruitment



Pete Carseldine
Senior Officer, Marketing
& Communications





### Who To Contact

#### Depends on your location



#### Brisbane

- Faculty of Health, Medicine and Behavioural Sciences (HMBS) (<a href="mailto:hmbs@enquire.uq.edu.au">hmbs@enquire.uq.edu.au</a>)
- MD Learning Hub (<u>med.mdlh@uq.edu.au</u>)
- Medical School Student Services Team (MSST) (<u>med.mss@uq.edu.au</u>)



#### **New Orleans**

 UQ-Ochsner Health Student Administration and Ochsner Society Heads (med.ocsStudentAdmin@uq.edu.au)





## How do students perform on the USMLEs?

Data as of 21 Jan 2025

	Step 1		Step 2 CK	
	First Time Pass Rate	Average Score	First Time Pass Rate	Average Score
All Students to Date	89% (n=1,149)	219*	92% (n=890)	234
Class of 2023 (n=97)	90% (n=97)	229	94% (n=85)	240
Class of 2024 (n=92)	92% (n=72)	Pass	99% (n=69)	243
Class of 2025 (n=89)	84% (n=89)	Pass	10% (n=13)	249
Class of 2026 (n=88)	90% (n=71)	Pass	N/A	N/A

\*Only includes 3-digit scores

7





### Resource Usage for Step 1 Prep Course in 2024

2024	Avg. # UWorld Questions Answered	% Answering >3,000 UWorld Questions (all questions once)	Average Society Head Meeting Attendance	% With <75% Society Head Meeting Attendance
Passed Final Exam	4,110	73%	71%	68%
Failed Final Exam	2,291	35%	69%	65%

### Resource Usage for Step 1 Prep Course in 2023

2023	Avg. # UWorld Questions Answered	% Answering >3,000 UWorld Questions (all questions once)	Average Society Head Meeting Attendance	% With <75% Society Head Meeting Attendance
Passed Final Exam	3,419	63%	78%	27%
Failed Final Exam	2,117	26%	66%	46%

#### UQ-Ochsner U.S. Residency Match 2013-2024



Residency Match Rate



Residency at Ochsner

MATCH YEAR 2013 - 2024

51%

Primary Care Residency 49%

Residency in South Eastern U.S.







## Some of our Match Highlights to Date



#### **PEDIATRICS**

UCLA Harbor
Oregon Health Science
Baystate Medical Center
Univ. of Arkansas
Univ. of Chicago



#### **INTERNAL MEDICINE**

Ochsner Health
Univ. South Florida
Oregon Health Science
Tulane University



#### **SURGERY**

Brigham & Women's Guthrie/Robert Packer UCLA Harbor Duke University



#### **OB/GYN**

Univ. of Texas - Houston Univ. of Hawaii Bridgeport Hospital



#### **EMERGENCY MEDICINE**

Duke University
LSU NOLA
Univ. of Florida
Univ. of New Mexico
Yale University

Ochsner Health



#### **ANESTHESIA**

Ochsner Health Loma Linda Univ. of Arkansas Univ. of Buffalo

Univ. of Mississippi





### 99% Match Rate for 2024

Our graduates are now heading to some of the nation's most prestigious residency programs, among them:

- Ochsner Health
- St. Louis Children's Hospital
- Johns Hopkins Hospital
- St. Joseph's Medical Center
- Cleveland Clinic
- Baylor College of Medicine
- George Washington University
- Oregon Health Science
- UCLA Harbor



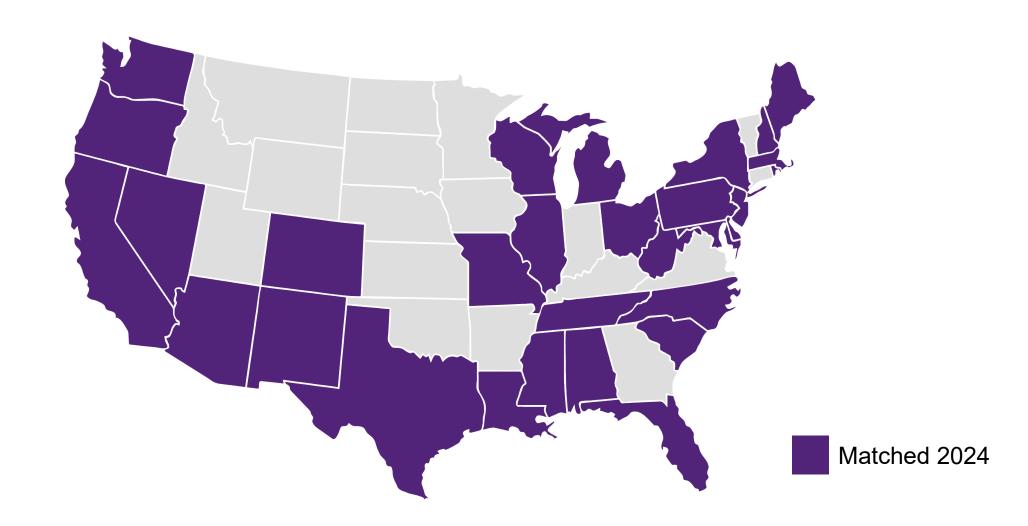
## They will be working in the following specialties:

- Anesthesia
- Emergency Medicine
- Family and Internal Medicine
- General Surgery
- Neurology
- Neurosurgery
- OB/GYN
- Pediatrics
- Physical Medicine & Rehabilitation
- Psychiatry
- Radiology
- Urology
- Vascular Surgery





# 2024 Residency Match Locations



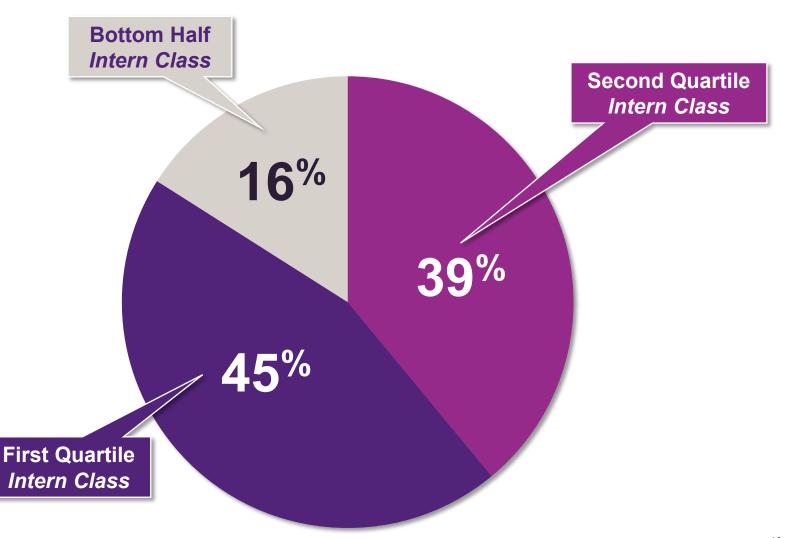




### PGY1 Evaluation of our Graduates

#### Class of 2022

61% Response Rate (N=47)



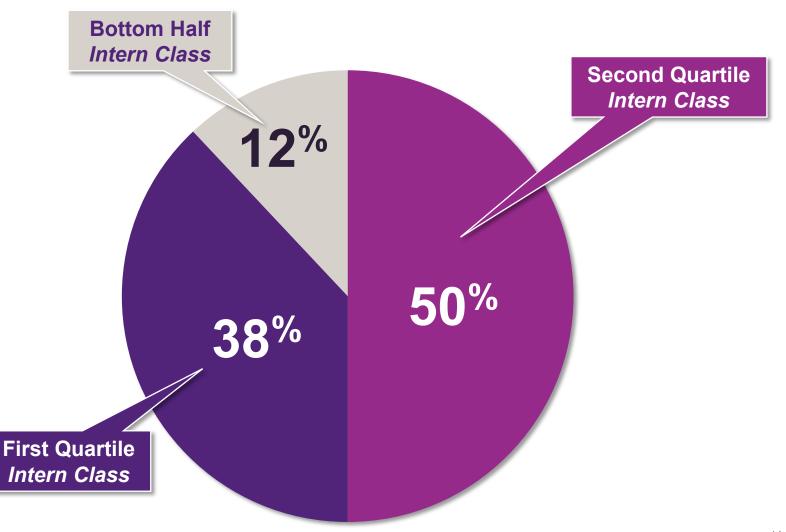




### PGY1 Evaluation of our Graduates

Overall Summary – Class of 2012 - 2022

73% Response Rate (N=496)







## **Culmination Ceremony 2024**







## White Coat Ceremony 2025





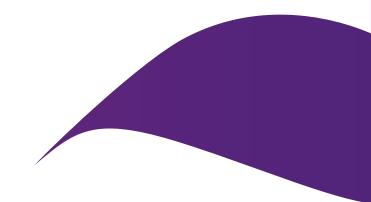


# USMLE Step 1



**Dr Christian Gray** 

Preparation for USMLE Step 1 Stream Coordinator







#### What is the USMLE?

### United States Medical Licensing Examinations (USMLE)

The three step USMLE was developed by the National Board of Medical Examiners and the Federation of State Medical Boards to provide medical licensing authorities a uniform evaluation system on which to base licensure

Step 1 - Clinical Knowledge

Step 2 - Clinical Knowledge (Step 2CK)

Step 3 - Application of knowledge within Clinical Medicine











### USMLE Step 1 Changes

From 26<sup>th</sup> January 2022

Changed from a three-digit numeric score to reporting only pass/fail

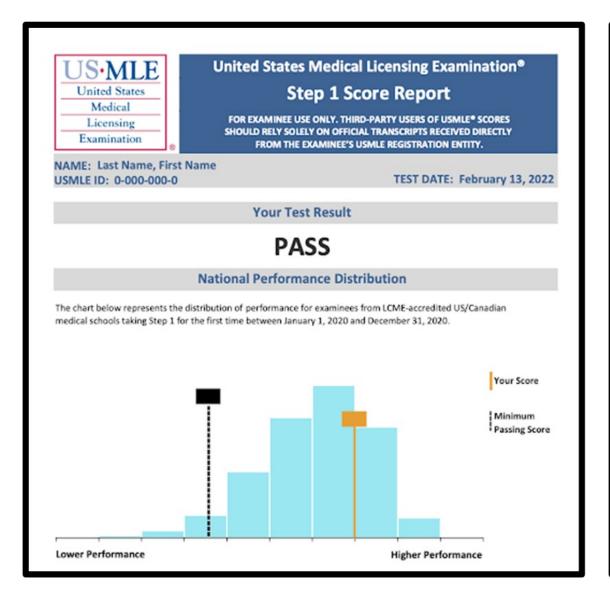
https://www.usmle.org/change-step-1-passing-standard-begins-january-26-2022

















## Step 1 – What should I do?!







### Keys to success learning approach to Step 1

Develop a **study approach** that is both effective AND sustainable

- Deep learning
- Self-Regulated Learning (Spaced Repetition)

Ability to apply learning to clinically relevant scenarios

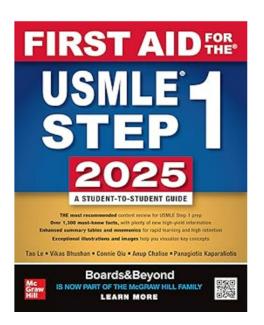
- Developing a test-wise strategy
- Practicing USMLE style questions







#### Ochsner recommended resources



- Highlights relevant learning
- Should be used in conjunction with the UQ curriculum to identify gaps in learning



Receive subscription to Boards and Beyond to supplement your learning in year 1 and 2



UWorld is an essential Step 1 question bank





### Other resources to get you started

#### Osmosis available via the UQ Library:

- Step content
- Short concept videos
- Detailed notes
- MCQs

https://search.library.uq.edu.au/permalink/f/ 12kerkf/61UQ\_ALMA61333446240003131







### UQ-Ochsner USMLE Step 1 Study Plan for MD





### University of Queensland/Ochsner Clinical School USMLE Step 1 Study Plan for MD: 2023

#### Introduction

To be licensed in the United States, physicians must pass the United States Medical Licensing Exam (USMLE) series. The exam is divided into three parts: The Step 1 Exam, the Step 2 Clinical Knowledge Exam, and the Step 3 Exam. The Step 1 Exam is a multiple-choice exam that you are required to take before beginning Year 3. The Step 1 Exam is now Pass/Fail, but this does not mean the content or difficulty of the exam has been modified in anyway. Instead, this change was made in an effort to reduce the stress during Years 1 and 2 of medical school and encourage residency programs to use a more holistic approach when evaluating applicants. The Step 2 Clinical Knowledge Exam is a clinically focused multiple-choice exam with results reported as a three-digit numerical score. Since Step 2 is now the only graded licensing exam that will be completed before applying to residency, its importance cannot be overlooked. The best predictor of a student's performance on the Step 2 Exam is their performance on the Step 1 Exam, so it is important that students prepare to the best of their abilities, beginning in Year 1 of medical school. The Step 2 Exam should be taken no later than April of a medical student's fourth year of school. The Step 3 Exam must be taken before the end of the internship year.

The USMLE website is an important reference that students should regularly review (<a href="www.usmle.org">www.usmle.org</a>). Another very important resource is the Educational Commission for Foreign Medical Graduates website (<a href="www.ecfmg.org">www.ecfmg.org</a>) which will direct you appropriately as a University of Queensland student.







Early and persistent engagement with USMLE Step 1 practice questions is strongly associated with success in USMLE Step 1

- UWorld is highly recommended to be used alongside your other learning opportunities / resources to identify new learning opportunities and review your current level of preparation for Step 1
- Equally important to understand why an answer is wrong, and not just why a certain choice is right
- 360-day access in April (access until you take Step prior to MEDI7300)





### Preparation for USMLE Step 1 Stream

- Personal Learning Streams are an integrated part of your learning within MEDI7200
   Developing Skills in Medicine
- Preparation for USMLE Step 1 Stream is specifically designed for MD students who are
  planning to apply for United States medical residency programs and licensing in the US to
  practise medicine
- Compulsory for year 2 students enrolled in the UQ-Ochsner MD program
- Near Peer Tutorials provide the opportunity for discussion of difficult concepts and test-wise strategies, in preparation for Step 1
- Learning support sessions focused on learning and revision, reflective practice, preparation of learning plans, management of test-taking anxiety and wellness





### Preparation for USMLE Step 1 Stream



 Score Report includes an Equated Percent Correct Scores which is an estimated probability of passing step 1



Formative STEP1 Self-Assessment (Included within your UWorld subscription)

 Provided with a USMLE Step 1 equivalent score and have the opportunity to review each item





### Eligibility to sit Step 1

As an international medical student, you must register and apply for USMLE via the Education Commission for Foreign Medical Graduate (ECFMG)

To be certified eligible to sit Step 1 you must have completed:

- 32 units of the UQ MD-Ochsner Program (years 1 and 2)
- Obtain a Step 1 equivalent score in the National Board of Medical Examiners (NBME) Comprehensive Basic Science Examination (CBSE) prior to the commencement of Year 3









## Key steps to be prepared of Step 1

## Knowledge



- 1. Develop an effective learning approach which suits your needs
- 2. Plan your learning for Step 1
- 3. Avoid peer advice if it does not work for you
- 4. Target areas of learning that you find difficult





## Key steps to be prepared of Step 1

### **Examination**



- 1. Develop an effective test-taking strategy
- 2. Use practice Step 1 style questions to identify gaps in your knowledge
- 3. Learn from your test-taking mistakes
- 4. Learn from mistakes made in previous examinations





## Key steps to be prepared of Step 1

#### Self-care

- 1. Look after yourself
- 2. Balance your study load to avoid burnout
- 3. Make your learning fun
- 4. Believe in yourself
- 5. Ask for academic help rather than trying to do it alone







### **Available Support**

- MD Learning Hub
- Student reps



- Preparation for USMLE Step 1 Stream Coordinator (c.gray@uq.edu.au)
- Ochsner Society Heads (<u>med.ocsStudentAdmin@uq.edu.au</u>)
- Medical School Student Support Team (<u>med.mss@uq.edu.au</u>)
  - learning support, pastoral, psychological, disability plans, referral to UQ Student Services
- Academic Guidance Lead (<u>med.academicguidance@uq.edu.au</u>)
- Student Hub: SHOC (Student Help On Campus), student advisor, learning advisor, student adminter





#### Questions and more information



**Dr Christian Gray** 

Preparation for USMLE Step 1 Stream Coordinator

c.gray@uq.edu.au



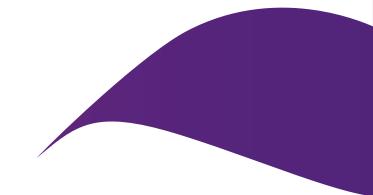


## **OMSA** Welcome



#### Nikka Sandoval

**OMSA Executive Officer 2025** 







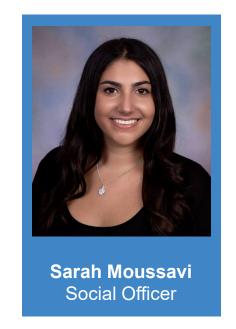
### Phase 1 Officers

















- Mentorship program
- Peer tutoring (starts week of Feb 17-21)
- Student Research Conference
- OSCE prep
- Resources (FA, BnB, Sketchy, UWorld, Research Guides)
- UQMS clubs and events
- Cocktail, BBQs, and get-togethers









https://linktr.ee/uqo2028



Scan this code to pay





### UQ-Ochsner events calendar



#### Fri 7 Feb

- 2.15pm
- Trade Show
- Advanced Engineering Building



#### Fri 7 Feb

- 7pm
- River Cruise
- Botanical Gardens River Hub



#### Sat 8 Feb

- 6pm
- Cocktail Party
- Pawn & Co, Fortitude Valley



#### Sat 15 Feb

- 12pm
- Sports Day
- Embassy Hotel, Brisbane City



#### Mon 17 Feb

OMSA First Year Rep

**Election Opens** 









# Group Photo – 7pm

Treatment Plan: Meet in Room 120!







# Thank you

- **f** UQOchsnerMedicine
- @uqochsner
- in The University of Queensland Medical School Ochsner