

Medical School



Welcome to UQ-Ochsner

Start your MD adventure

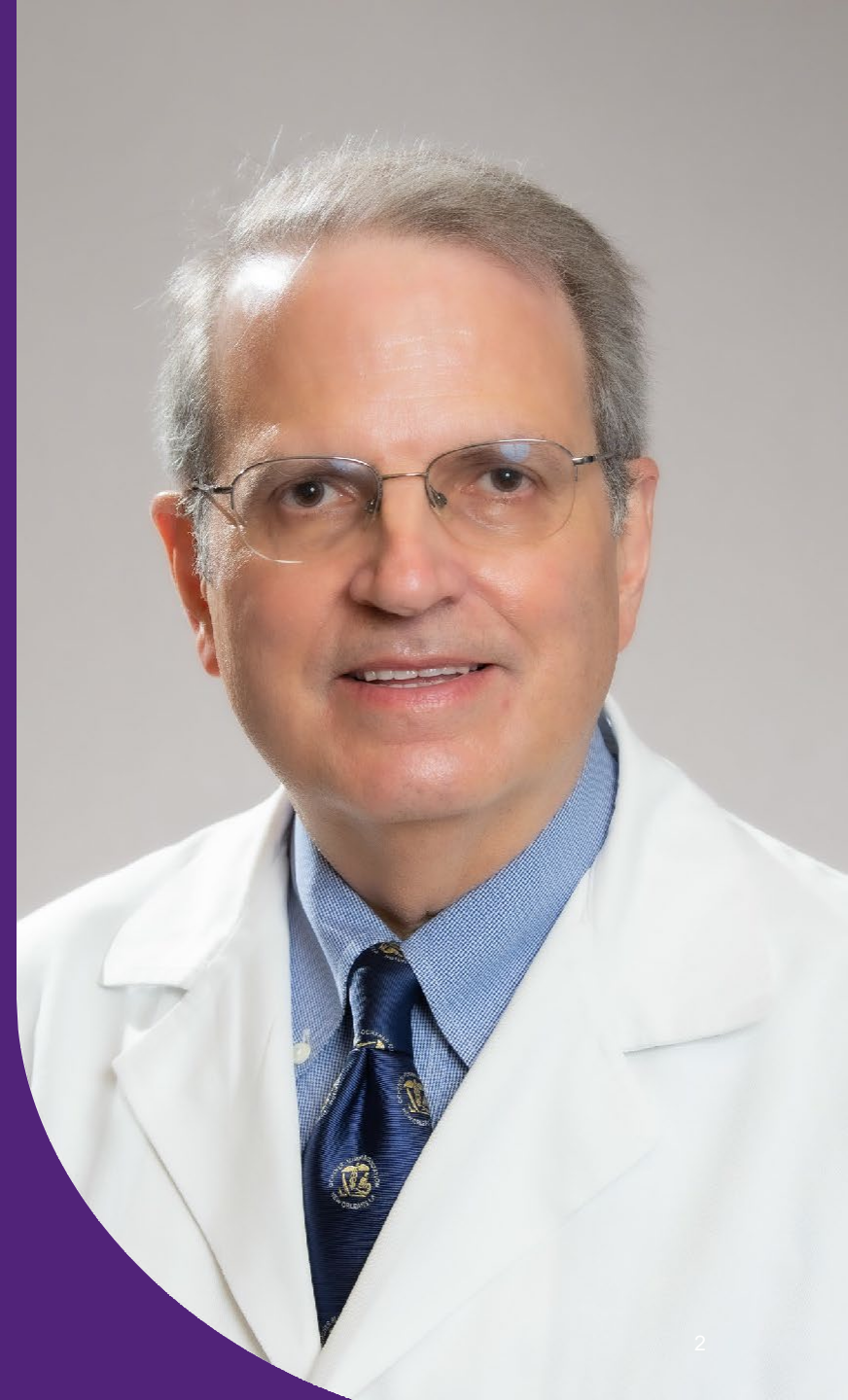
UQ-Ochsner MD Program

Year 1, 2025

Ronald G Amedee, MD, FACS

Professor

Director, Ochsner Clinical School



Congratulations

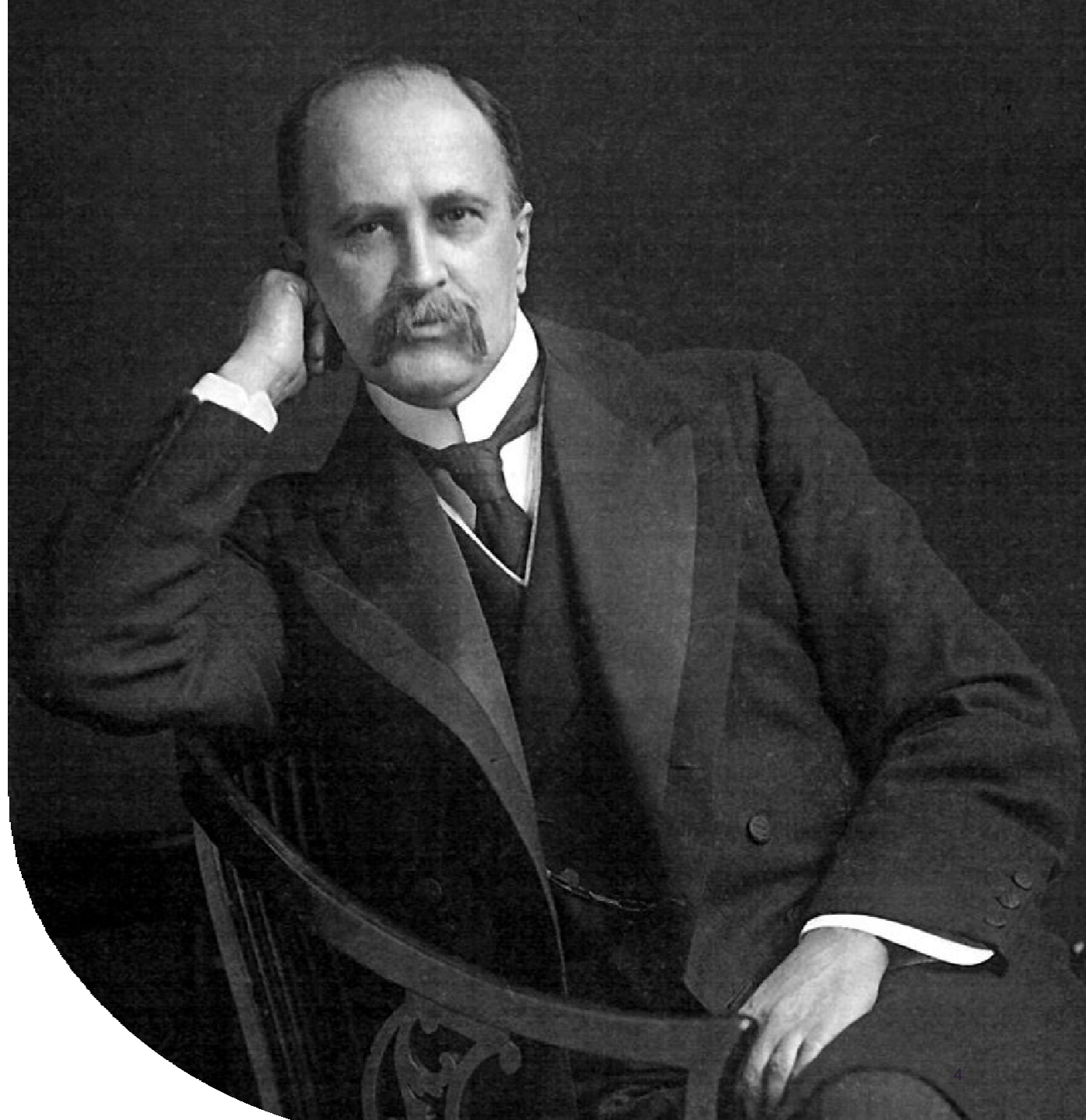
It's an honor and privilege to be a physician.

You are expected to start to become an active and useful member of the team and to incrementally demonstrate the ability to take on more responsibility.



Sir William Osler

- Canadian Physician
- Founding father Johns Hopkins Hospital
- Started residency training for specialty training in medicine
- First to bring medical student teaching out of the lecture hall to the patient's bedside



Sir William Osler's Quotes

“The good physician treats the disease; the great physician treats the patient who has the disease.”

“Medicine is a science of uncertainty and an art of probability.”

“One of the first duties of the physician is to educate the masses not to take medicine.”

Beginning With the End in Mind

“Whatever you want to do, if you want to be great at it, you have to love it and be able to make sacrifices for it.”

Maya Angelou





UQ's values:



Pursuit of excellence



Creativity and independent thinking



Honesty and accountability



Mutual respect and diversity



Supporting our people

Ochsner's Mission:



Serve



Heal



Lead



Educate



Innovate

Ochsner Clinical School

 New Orleans



Professor Leonardo Seoane, MD

Chief Academic Officer and Executive Vice President
Ochsner Health



Professor Ronald Amedee, MD

Director, Ochsner Clinical School
Dean of Medical Education, Ochsner Health



Carl Tholen

Vice President
Education Operations, Ochsner Health
Chief Administrative Officer, OCS



**Professor Dodd Denton,
MD, MPH**

Deputy Director of Student
Affairs



Charles Kantrow, III, MD

Deputy Director of
Curriculum



**Assistant Professor
Tamika Webb-Detiege, MD**

Deputy Director of
Admissions & Enrollment

Ochsner Clinical School Contacts

 New Orleans

Student Administration Leadership



Scott Peters
Program Director

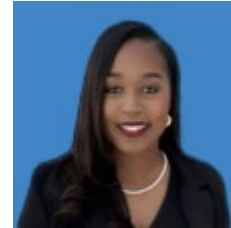


Jaclyn Najar
Manager, Clinical
Education

Student and Academic Affairs Senior Education Program Managers



Lisa Casey
Ochsner Student
Support Lead



Brooklyn Jackson
Admissions Operations

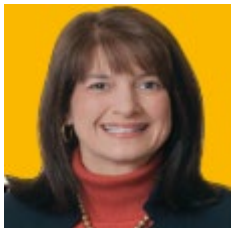


Stacey Porter
Student Operations



Amy Tredanari
Student Event
Management

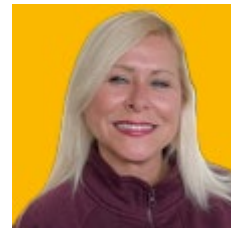
Clinical Education Senior Education Program Managers



Kim Benoit
Surgery & OBGYN



Ashley Bonura
Critical Care &
Surgical
Specialties



Catarina Donnelly
General Practice &
Medicine in Society



Whitney Johnston
Medicine & Mental
Health



Devona Nicholas
Medical Specialties &
Pediatrics



**Courtney
Zellner**
Electives & Away
Rotations

UQ Contacts

 Brisbane

Student and Academic Admin



Jules Filipic
Ochsner Partnership
Advisor



Ashlee Flohr
Coordinator, International
& Ochsner Partnerships

Marketing and Communications



Peter Murphy
Senior Manager,
Marketing &
Communications



Brian Mallon
Manager, Marketing &
Recruitment



Pete Carseldine
Senior Officer, Marketing
& Communications

Who To Contact

Depends on your location



Brisbane

- Faculty of Health, Medicine and Behavioural Sciences (HMBS) (hmbs@enquire.uq.edu.au)
- MD Learning Hub (med.mdlh@uq.edu.au)
- Medical School Student Services Team (MSST) (med.mss@uq.edu.au)



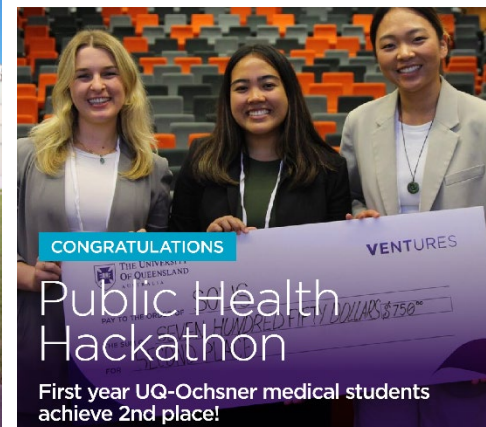
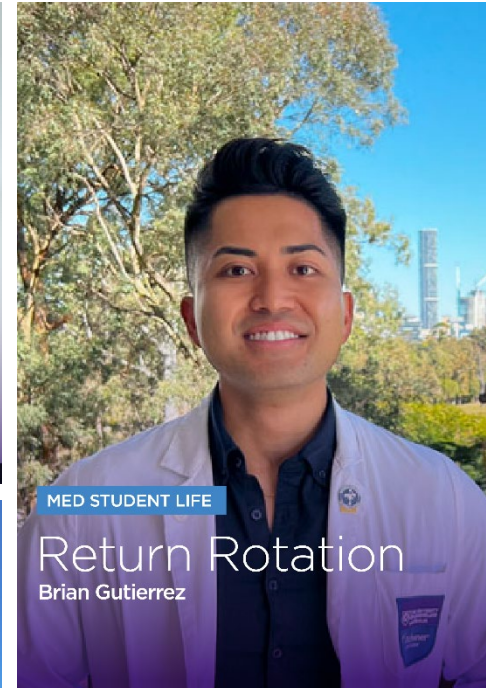
New Orleans

- UQ-Ochsner Health Student Administration **and** Ochsner Society Heads (med.ocsStudentAdmin@uq.edu.au)

Work with the Marketing Team

How you can get involved

- Articles & blogs
- Photos/Reels
- Instagram stories
- Personalised videos for offers
- White Coat Wednesday



How you can get involved

Submitting your pics and stories



p.carseldine@uq.edu.au



Uqochsner – message or tag us



+61 448 012 795



Marketing link in weekly OMSA newsletters



2.3K · View insights

Boost post

Mississippi

Jackson



Louisiana

Mobile



Making an impact across the Gulf South.

Color Key



Owned/Managed

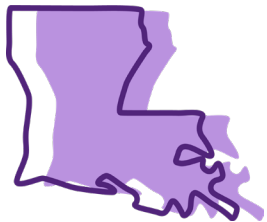


Financially Integrated

Ochsner Health

Impacting lives across Louisiana, the US and the world.

Ochsner Health serves patients from across Louisiana, every US State, and **92+ countries**.



Healthy State by 2030

Ochsner Health seeks to move Louisiana into the **Top 40th** healthiest states with America's Health Rankings **by the year 2030**.

Ochsner is **Louisiana's largest** not-for-profit health system and one of the largest independent academic health systems in the United States.

46
Owned, managed and affiliated specialty hospitals

40,000 Dedicated team members

4.7M Clinic appointments

1.5M
Patients served from every US state and 65 countries

370+
Health and urgent care centers across the Gulf South

90 Medical specialties and subspecialties

4,700 Employed and affiliated physicians

4,000 Participants in **600+** active clinical trials

295+ Total Telehealth Partners with **500,000+** Telehealth Encounters

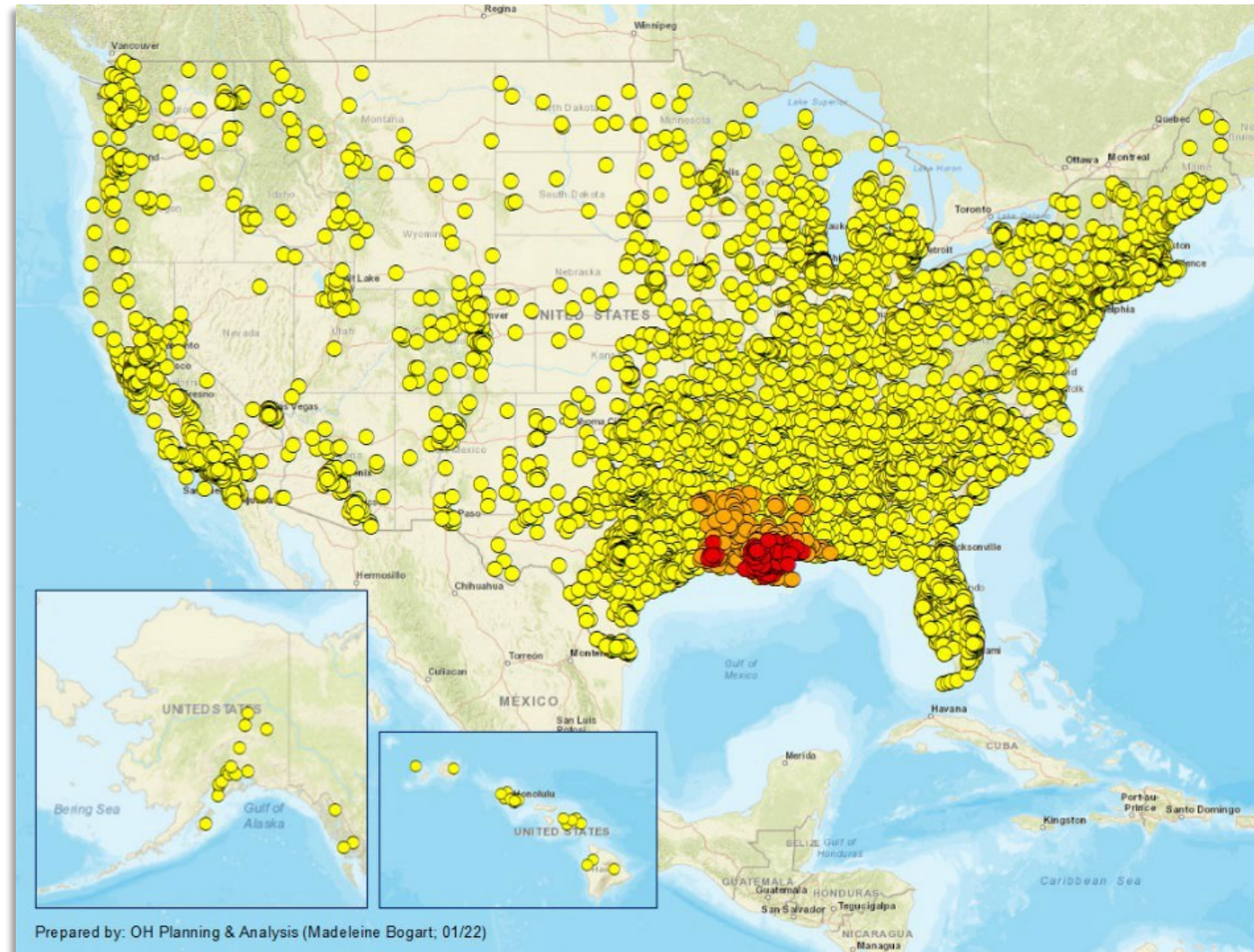
* All stats from Ochsner Health 2023 Annual Report

Ochsner Health Total Unique Patients Origin

Dec 2023

Ochsner Health Total Unique Patients Origin

- 1,0001 – 29,556
- 51 – 1,000
- 1 - 50



Ochsner Medical Societies

Beginning in Year 1, all UQ-Ochsner students are assigned to one of five medical societies, named after an Ochsner physician founder, all of whom made important contributions to research, clinical care and/or education at Ochsner.

The five societies are:

- **Edgar Burns Society**
- **Guy Caldwell Society**
- **Francis LeJeune Society**
- **Alton Ochsner Society**
- **Curtis Tyrone Society**



Ochsner Medical Societies

Medical societies provide structure for educational advising and coaching from both faculty members and peers. Societies are also social units organized to promote a sense of community within the larger UQ-Ochsner cohort. Each medical society is led by a faculty member, the *Society Head*, who was chosen for expertise in advising and coaching.

Society Heads have the following responsibilities:



Monitor academic progress, professional growth, and work/life balance of individual students within their society.



Lead the Ochsner Clinical School's advising and mentoring system by providing career advice and assisting students in finding specialty-specific advisors.



Assist students with the match process, including primary responsibility for writing the MSPE (Dean's Letter), and assistance with obtaining interviews.



Nurture social interchange between Years 1 & 2 and Years 3 & 4 students, and between students and faculty.



Provide formal four-year mentoring and coaching relationships with UQ-Ochsner students.



Identify struggling students and assist the Deputy Director of Student Affairs in establishing remediation plans.

Ochsner Medical Societies



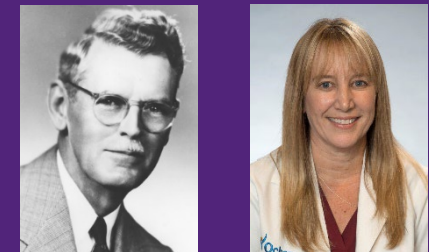
G. Dodd Denton, MD
Asst. Dean, Student Affairs

Edgar Burns Society



Society Head: David Galarneau, MD

Guy Caldwell Society



Society Head: Michelle Puzdrakiewicz, MD

Francis LeJeune Society



Society Head: Charles Kantrow, MD

Alton Ochsner Society



Society Head: Leise Knoepp, MD

Curtis Tyrone Society



Society Head: KJ Carstarphen, MD

USMLE Step 1



Dr Christian Gray

Preparation for USMLE Step 1
Stream Coordinator

What is the USMLE?

United States Medical Licensing Examinations (USMLE)

The three step USMLE was developed by the National Board of Medical Examiners and the Federation of State Medical Boards to provide medical licensing authorities a uniform evaluation system on which to base licensure

Step 1 - Clinical Knowledge **Prior to moving to Ochsner**

Step 2 - Clinical Knowledge (Step 2CK) **Between years 3 and 4**

Step 3 - Application of knowledge within Clinical Medicine **After Graduation**



Step 1 – What should I do?!



Keys to success learning approach to Step 1

Develop a **study approach** that is both effective AND sustainable

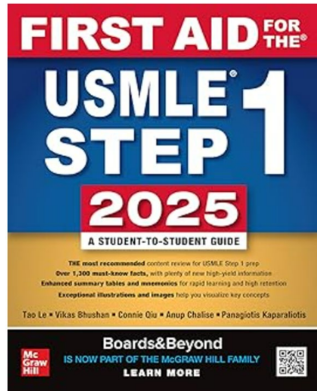
- Deep learning
- Self-Regulated Learning (Spaced Repetition)

Ability to **apply learning** to clinically relevant scenarios

- Developing a test-wise strategy
- Practicing MCQs



Ochsner recommended resources



- Highlights relevant learning
- Should be used **in conjunction with the UQ curriculum** to identify gaps in learning



- Receive subscription to Boards and Beyond to supplement your learning in year 1 and 2

UQ Library (now!)



- Short concept videos
- Detailed notes
- MCQ

UQ-Ochsner USMLE Step 1 Study Plan for MD



University of Queensland/Ochsner Clinical School USMLE Step 1 Study Plan for MD: 2023

Introduction

To be licensed in the United States, physicians must pass the United States Medical Licensing Exam (USMLE) series. The exam is divided into three parts: The Step 1 Exam, the Step 2 Clinical Knowledge Exam, and the Step 3 Exam. The Step 1 Exam is a multiple-choice exam that you are required to take before beginning Year 3. The Step 1 Exam is now Pass/Fail, but this does not mean the content or difficulty of the exam has been modified in anyway. Instead, this change was made in an effort to reduce the stress during Years 1 and 2 of medical school and encourage residency programs to use a more holistic approach when evaluating applicants. The Step 2 Clinical Knowledge Exam is a clinically focused multiple-choice exam with results reported as a three-digit numerical score. Since Step 2 is now the only graded licensing exam that will be completed before applying to residency, its importance cannot be overlooked. The best predictor of a student's performance on the Step 2 Exam is their performance on the Step 1 Exam, so it is important that students prepare to the best of their abilities, beginning in Year 1 of medical school. The Step 2 Exam should be taken no later than April of a medical student's fourth year of school. The Step 3 Exam must be taken before the end of the internship year.

The USMLE website is an important reference that students should regularly review (www.usmle.org). Another very important resource is the Educational Commission for Foreign Medical Graduates website (www.ecfm.org) which will direct you appropriately as a University of Queensland student.

Keys to success learning approach to Step 1

- **Focus on the UQ curriculum** in year 1
- Setting up **good study techniques and habits**
- **'DO'** something with the learning activities each week:
developing revision summaries, concept maps, flashcards
- **Annotate** relevant sections of First Aid
- Attend **OMSA near peer** tutorial
- **TBL** discussion



Preparation for USMLE Step 1 Stream

- Personal Learning Streams are an integrated part of your learning within **MEDI7200 Developing Skills in Medicine**
- **Preparation for USMLE Step 1 Stream** is specifically designed for MD students who are planning to apply for United States medical residency programs and licensing in the US to practise medicine
- **Compulsory for year 2 students enrolled in the UQ-Ochsner MD program**

Available Support



- MD Learning Hub
- Student reps
- Preparation for USMLE Step 1 Stream Coordinator (c.gray@uq.edu.au)
- Ochsner Society Heads (med.ocsStudentAdmin@uq.edu.au)
- Medical School Student Support Team (med.mss@uq.edu.au)
 - learning support, pastoral, psychological, disability plans, referral to UQ Student Services
- Academic Guidance Lead (med.academicguidance@uq.edu.au)
- Student Hub: SHOC (Student Help On Campus), student advisor, learning advisor, student admin team

Questions and more information



Dr Christian Gray

Preparation for USMLE Step 1

Stream Coordinator

c.gray@uq.edu.au

OMSA Welcome



Our mission statement

To help all Ochsner cohort students have opportunities to succeed and excel, with a specific intent to foster and promote professionalism, integrity, intellectual honesty, and academic rigor.



Phase 1 Officers



**Nikka S.
Sandoval**
Executive Officer



Camille Patton
Academic Officer



Achal Gunda
Research Officer



Jackson Breshears
Liaison Officer



Sarah Moussavi
Social Officer



The Year Ahead

- Mentorship program
- Peer tutoring (starts week of Feb 17-21)
- Student Research Conference
- OSCE prep
- Resources (FA, BnB, Sketchy, UWorld, Research Guides)
- UQMS clubs and events
- Cocktail, BBQs, and get-togethers



<https://linktr.ee/uqo2028>

Sarah Moussavi
@SarahMoussavi



venmo

Scan this code to pay



UQ-Ochsner events calendar



Fri 7 Feb

- 2.15pm
- Trade Show
- Advanced Engineering Building



Fri 7 Feb

- 7pm
- River Cruise
- Botanical Gardens River Hub



Sat 8 Feb

- 6pm
- Cocktail Party
- Pawn & Co, Fortitude Valley



Sat 15 Feb

- 12pm
- Sports Day
- (MD1) Embassy Hotel, Brisbane City



Mon 17 Feb

OMSA First Year Rep
Election Opens





Group Photo – 7pm

 *Prognosis:* Those who stay will look amazing in the photo.

 *Treatment Plan:* Meet in Room 120!

Thank you



UQOchsnerMedicine



@uqochsner



The University of Queensland Medical School - Ochsner