



General Practice Clinical Unit GP Newsletter

Summer February 2024

Welcome to the first newsletter for 2024. This year marks an important milestone for the University of Queensland Medical School with the introduction of Year 2 of the new MD which includes a longitudinal placement in general practice (one day per week over about 14 weeks) for all Year 2 medical students. Recruiting practices to provide placements for all approximately 500 UQ medical students in the Greater Brisbane and Rural Clinical Schools has been a huge achievement. Huge thanks to the UQ GP liaison team and professional staff who have made this happen and also to you, our fabulous team of general practices. Students consistently rate their time in general practice highly. This new placement early in medical student training, in addition to the more intensive 6– 8-week placement in general practice for senior medical students, gives us an opportunity to showcase the work that we do in general practice and inspire students into joining us in a rewarding career in general practice.

Katharine Wallis

Mayne Professor and Head, Mayne Academy of General Practice Head, General Practice Clinical Unit

Announcements

- The Year 2 Longitudinal GP Immersion placements have begun as the new MD curriculum progresses!
- The first half of the Year 2 student cohort are now in general practices for one day a week, for 14 weeks, and they are eager to learn.

 If you would like to consider having a Year 2 student in your practice in the second half of 2024, please look out for the email to practice managers next month asking for GP Clinical Teacher availability.

2 People

Congratulations

In 2023, several GP Clinical Teachers were nominated by their students for Teaching Awards, across the Greater Brisbane, Rural and Ochsner Clinical Schools. Whilst only one winner was selected for each category, all nominees are recognised. Students' comments repeatedly highlighted how valuable and important GP Placements are to them.

The 2023 winners were:

General Practice Course: Dr Wendell Rosevear

UrbanLInCC: Dr Simon Murray

Medicine in Society: Dr Nash Weir (not in attendance, award posted)





The following GP Clinical Teachers also received nominations:

Dr Timothy Amos	Dr Nicholas Cox
Dr Sanghi Bilwani	Dr Christopher Cullinan
Dr Navjot Brar	Dr Ben Mitchell
Dr William Bushby	Dr Mohammad Nawaz
Dr Ginene Carmody	Dr Johnathon O'Loan
Dr Kathy Jo Carstephen	Dr Sandy Prasad
Dr Colin Chow	Dr Vendana Sehgal
Dr Nicholas Comino	Dr Kieran Talbot

GPCU Teaching Awards were announced at the GPCU Annual Dinner and Awards night, where 32 attendees gathered in the Mayne Medical School. The evening was a celebration of 2023 and provided an update on GP Teaching for 2024.









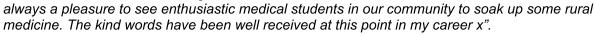
To read about recipients of UQ's Medical Program Teaching Awards, follow this link https://medical-school.uq.edu.au/medical-program-teaching-awards

益 Rural and Regional Perspectives

Congratulations

The RCS is proud to celebrate Dr Anna Carswell who received a student-nominated Teaching Award.

Anna has been supporting students completing GP placements through the Extended Placement Program in Goondiwindi. Anna first came to Goondiwindi in 2009 to embark on GP training and has called Goondiwindi home since returning in 2013. She enjoys numerous areas of primary care, especially women's health, lactation, and child health. As a Rural Generalist Anna spends her time between Goondiwindi Medical Centre and the Goondiwindi Hospital providing emergency and inpatient care, including maternity services. Anna also enjoys providing medical education to GP trainees and medical students and it is wonderful to see her recognised. Anna received her award via mail in December and commented: "Wow! What a delight to receive this award in the mail! It is



For more information about all the award winners from the Rural Clinical Schools please follow this link https://rcs.medicine.uq.edu.au/blog/2023/11/excellence-education-celebrating-our-2023-award-winners

8☐ Teaching

Farewell, but not Goodbye / A tribute to Urban LInCC

Urban LInCC (Urban Longitudinal Integrated Community Care course) began as a pilot project in 2013, with 20 students, and steadily grew over the next decade, to its last iteration in 2023. Urban

LInCC provided an opportunity, for a limited number of keen Year 2 students, to extend their skills in longitudinal General Practice placements. In the new MD program, the *entire* Year 2 MD cohort will undertake one-day-per-week longitudinal general practice placements, for 14 weeks! Now, all Year 2 students will benefit from the wonderful teaching & learning experiences in general practice, in addition to a block placement in their final years.

Feedback received for Urban LInCC was overwhelmingly positive, including:

- my GP had lots of trust in me and pushed me out of my comfort zone (while supporting me at the same time)
- good learning opportunity regarding how to interact with patients
- plenty of opportunities to practice my hx taking skills and focused examination skills during appointments
- · focus on patient rapport and patient trust in promoting continued care
- learnt the application of so much theory to the real world
- · felt welcomed by everyone, felt well-supported

The UQ GPCU would like to thank the wonderful GP Clinical Teachers and practice staff that facilitated the Urban LInCC placements over many years. We look forward to continuing to work with you.

Practice Liaison Update

The GPCU Practice Liaison team have visited many practices over the last 18 months, meeting with many of you. Thank you again to all our new and continuing GP Clinical Teachers. The GP placements in the MD Curriculum are an integral part of student training and your role is invaluable. If your practice would like a visit (or a phone call or Zoom meeting), e.g. you have additional GPs who would like to teach, or you have questions about the new MD curriculum, please let us know at <a href="meeding-media-medge-medua-medge-medua-medge-medua-medge-medua-medge-medua-medge-medua-medge-medua-medge-medua-medge-medua-medge-medua-me

GPCU Teaching Resources

The Handbook for Clinical Teachers has been updated for 2024 and can be found on the <u>UQ</u> <u>General Practice website</u>, click on the 'Teaching and Learning' tab, then click on 'Resources for GP Clinical Teachers'. This Handbook covers information regarding the Year 2 Longitudinal GP Clinical Immersion placement, as well as the Year 3 or 4 GP block placement. In addition, under 'Resources for GP Clinical Teachers', you will locate many other useful reflections and tips.

Becoming an Academic Title Holder

All UQ GP Clinical Teachers are eligible to apply for Academic Title Holder status, which provides benefits such as an academic title, UQ email address and access to the vast UQ Library resources. If you have not yet applied, please see the video guide on the UQ General Practice website, click on the 'Teaching and Learning' tab, then scroll down to 'UQ Academic Title Holders'.

Dates for General Practice Placements 2024

Block Placements: Year 3 or 4 students (30 half-day sessions over 6 weeks)			Longitudinal Placements: Year 2 students (1 full-day per week for 14 weeks)	
Block 1	15 th January – 23 rd February	Fi	rst Half	Weeks of 29 th January - 20 th May
Block 2	26 th February – 5 th April			
Block 3	15 th April – 24 th May			
Block 4	24 th June – 2 nd August	S	econd Half	Weeks of 17 th June - 18 th October
Block 5	5 th August – 13 th September			
Block 6	23 rd September – 1 st November			

A Research

UQGP Research Network

This practice-based research network enables GPs, practices and university researchers to work together to ask the questions that are relevant to general practice, and to develop practice-based solutions to practice-based problems. While most health care is delivered in primary care, most research happens elsewhere. Together we can work to build the evidence-base for a high-quality

primary health care system.

The RELEASE (REdressing Long-tErm Antidepressant uSE) randomised controlled trial in general practice is still recruiting practices. Please contact us if your practice might be interested in participating: release.study@uq.edu.au

Research article focus

Where the joy comes from: a qualitative exploration of deep GP-patient relationships Relationship based, whole person care is foundational to quality general practice, yet may be challenged by evolving changes in sociocultural and commercial practice contexts. A team led by researchers from the GPCU therefore conducted a study to better understand the nature and experience of deep GP-patient relationships, from both GP and patient perspectives. We used validated measures to identify patients who believed that they had a deep relationship with their GP, and interviewed these patients (n=13), and their GPs (n=5), to explore their experience of these relationships. Participants described deep GP-patient relationships as intertwining 'professional' aspects, with 'that other element' of human connection. Trust seemed to permeate the relationships, which came to the fore when GPs went 'above and beyond' for patients in times of difficulty. Deep relationships stretched GP boundaries and capacity for self-care, while also providing joy and vocational satisfaction. Though patients did not always desire or need a deep relationship with their GP, our findings highlighted the importance of creating contexts that enabled and cultivated these relationships for times of patient hardship, and challenges of doing so within current healthcare climates.

Thomas, H., Lynch, J., Burch, E., Best, M., Ball, L., Sturgiss, E., **Sturman, N**. Where the joy comes from: a qualitative exploration of deep GP-patient relationships. BMC Prim. Care 24, 268 (2023). https://doi.org/10.1186/s12875-023-02224-0

Recent articles

Wallis KA; Dikken PJS; Sooriyaarachchi P; Bohnen AM; **Donald M**. Lessons from the Netherlands for Australia: Cross-country comparison of trends in antidepressant dispensing 2013-2021 and contextual factors influencing prescribing. Aust J Prim Health. 2023 Dec 7. https://doi.org/10.1071/PY23168

Marchant J, Chang A, Kennedy E, **King D**, Perret J, Schultz A, Toombs M, Versteegh L, Dharmage S, Dingle R, Fitzerlakey N, George J, Holland A, Rigby D, Mann J, Mazzone S, O'Brien M, O'Grady K, Petsky H, Pham J, Smith S, Wurzel D, Vertigan A, Wark P. Cough in Children and Adults: Diagnosis, Assessment and Management (CICADA). Summary of an updated position statement on chronic cough in Australia. MJA, 220 (1), January 2024. https://doi.org/10.5694/mja2.52157

Smith J, Dodd R, Naganathan V, Cvejic E, Jansen J, **Wallis K**, McCaffery K. Screening for cancer beyond recommended upper age limits: Views and experiences of older people. Age and Ageing. 2023;52(10):afad196. https://doi.org/10.1093/ageing/afad196

If you would like to receive a copy of any of these articles, please contact us at med.mdgp@uq.edu.au

Recent conference presentations

Lynch, J.M, Price, K., Stange, K, Green,L. (2023) *The Generalist Gaze: making visible the generalist skills at the heart of quality healthcare.* World Federation of Family Doctors Conference October 25-29th 2023, Sydney, Australia

Lynch, J.M., Getz, L., Dowrick, C. (2023) Sensing and Building Safety: practical trauma-informed and strength-based skills and attitudes for general practice. World Federation of Family Doctors Conference October 25-29th 2023, Sydney, Australia

Lynch, J.M. (2023) Sense of Safety Audit: Co-design and validation of a new whole person assessment tool for primary care. World Federation of Family Doctors Conference October 25-29th 2023, Sydney, Australia





Seeking participants: Spiritual aspects in whole person care for eating disorders

Eating disorders are complex, serious conditions with sub-optimal treatment outcomes, requiring a whole person approach to care. A team led by Dr Hayley Thomas is conducting a project to better understand the possible role of religion and spirituality in eating disorder prevention and care, with a focus on Christian spirituality.

We are seeking people from the following groups to participate in semi-structured interviews exploring their experiences of Christian spirituality and eating disorders:

- 1. Healthcare providers (of any religious or spiritual background) working with people with eating disorders
- 2. People with lived experience of eating disorders, who identify as Christian, previously Christian or with significant exposure to Christian contexts that they believe may be relevant to their experience
- 3. Carers or loved ones of people with eating disorders, who believe that Christian spirituality was relevant to this journey
- 4. Christian pastoral carers who have provided support for people with eating disorders (eg. clergy, lay pastoral care, Christian school teachers etc).

If you would like to learn more or participate, please contact Dr Hayley Thomas at https://medical-school.uq.edu.au/files/50857/Eating%20disorders%20spirituality%20project.pdf.pdf

This project represents a partnership between researchers at The University of Queensland, The University of Notre Dame, Flinders University, and The Centre for Theology and Psychology, and is supported by a grant from The John Templeton Foundation.

Grant congratulations

Congratulations to Associate Professor Nancy Sturman and Dr Suzanne McDonald, who are part of the following team successful in obtaining a Metro South Health Project Grant: Elphinston, Nikles, Aitchenson, Madden, Konigorski, Sturman, Sterling, Worthy, McDonald and Andrews, for *Personalising non-pharmacological management of chronic non-cancer pain.*

${}^{igstyle{igstyle{\square}}}$ Upcoming education

GPCU Research seminars

GPCU research seminars, covering a range of topics, are held fortnightly on Wednesdays from 12pm to 1pm, and can be accessed by Teams. If you would like to be on the mailing list for these seminars, please contact Dr Andrew Webster andrew.webster@uq.edu.au

Currently planned seminars include: (NB: topics and presenters are subject to change)

21- Feb	Dr Faith Yong and A/Prof Matthew McGrail	Pathways to General Practice training. Retention and system issues	
6-Mar	Lars Eriksson	UQ Library resources	
20- Mar	Prof David Evans (UQ Institute for Molecular Science)	Sometimes Correlation DOES equal causation - Mendelian randomisation studies	
17- Apr	Prof Claire Jackson, Dr Jenny Job	The eConsultant Model	
1- May	Dr Shane Delisser with Nancy Sturman	LGBTQI teaching - comfort levels among educators and experiences of learners	
15- May	Dr Bronwyn Clark (School of Human Movement)	Measurement of physical activity and sedendary behaviour	
29- May	Professor Jason Ferris (Research and Statistical Support Services)	Applied statistics research, design and methods	

Culture, Community and Inclusivity

We would love to hear from you!

If you would like to share your experiences of culture, community and inclusivity, and how this enhances your life or your work in general practice please email a brief paragraph, poem, or image (up to 200 words +/- photo) to med.mdgp@uq.edu.au, for inclusion in a future newsletter.

😃 GPs subscribing to this newsletter

k.wicks@uq.edu.au

Many GPs have told us they would like to receive this newsletter directly into their own inboxes, to stay up to date with the latest GPCU news on teaching, research and upcoming events.

Unsubscribe

If you, or other GPs in your practice, would like to directly subscribe to this newsletter:

Click <u>subscribe</u> **or** send the preferred email address/es to <u>med.mdgp@uq.edu.au</u> with 'Please subscribe me to GPCU newsletter' in the subject line.

Contact us

Apply to be an ATH (Academic Title Holder)

Teaching tips and resources