



Brighton Rehabilitation Unit

Brighton Rehabilitation Unit is part of the Community and Oral Health Directorate in Metro North Hospital and Health Service. Brighton Health Campus is located at 449 Beaconsfield Terrace (449 Hornibrook Highway), Brighton. There are two subacute, bedded services on site, all within the Community and Oral Health, Rehabilitation Stream.

Brighton Rehabilitation Unit has current activity of 42 beds providing:

- Assessment and rehabilitation of patients who need a multidisciplinary, goal-oriented approach to return to their maximal level of functioning.
- Provision of subacute medical treatment as well as prevention and reduction of functional loss, activity limitation and participation restriction arising from impairments; the management of disability in physical, psychosocial, and vocational dimensions; and the improvement of loss function.

The current Rehabilitation Medical staffing includes:

Consultants: Dr Kathryn Pugh. Dr Tik Chan. Dr Pallavi Bansal. Dr Ashika George, Dr Adlyn Adnan

Rehabilitation Registrars: 2

Resident Medical Officers: 2

Description of case mix within the Unit:

- Orthopaedics e.g., fractures, joint replacement
- Neurological e.g., strokes
- Cardiac e.g., post-CABG,
- Respiratory e.g., COPD
- Surgical and medical deconditioning
- SCI (Mild to moderate)

Brighton Brain Injury Unit: BBIS current activity is a 24-bed unit with 10 rehabilitation beds and provides care to patients with Prolonged disorder of Consciousness.

Community Based Rehabilitation Team: Managed by CBRT consultant and Allied health.

Outpatient Clinics:

- General Rehabilitation Outpatient clinic
- Hypertonicity Clinic
- Amputee Clinic

There is Teaching and On- Call Roster covering Brighton Rehabilitation Unit, Interim Care and Brighton Brain Injury Service.

Brighton Rehabilitation Unit uses a highly collaborative approach to patient care in this setting. The rehabilitation journey of all patients is considered a team effort, and this is evidence through the entire multidisciplinary team. It is currently under process to move in entirety under one umbrella of Community and oral health.

Brighton health campus has an excellent opportunity for medical students to learn Multidisciplinary approach to treat patients as well as contribute to research activities to promote evidence-based care.