

## eConsultant: Improving GP access to specialist care for patients

### What's new?

**65 GPs** are now signed up for eConsultant across **8 WQPHN** and **6 BSPHN** practices.

- Two GPs who recently came on board have been active in accessing the program to gain specialist input for their patients (ranging in age from 20 to 86 years).



**Dr Rosie Geraghty**  
Maranoa Medical Roma



**Dr Wendy Burton**  
Morningside GP Clinic

- Well done to all GPs, and practice staff who have supported them, great to have you onboard for the program.

### Case Example

#### Day 1

Mrs Brown is 87, living in a high care nursing home and is a new patient to the GP. She has multiple comorbidities including T2DM (33 years), OP (on ca/vit d/bisphosphonate), IHD (stable), Barrett's oesophagus & GORD, Parkinson's disease, cognitive impairment, CKD 3b, Sjogren's, diverticular disease, HTN, MNG on CBZ. Frequent falls.

GP has 1 RFA question:

1. CBZ out of stock - can we cease or consider some other Rx options?

#### Day 3

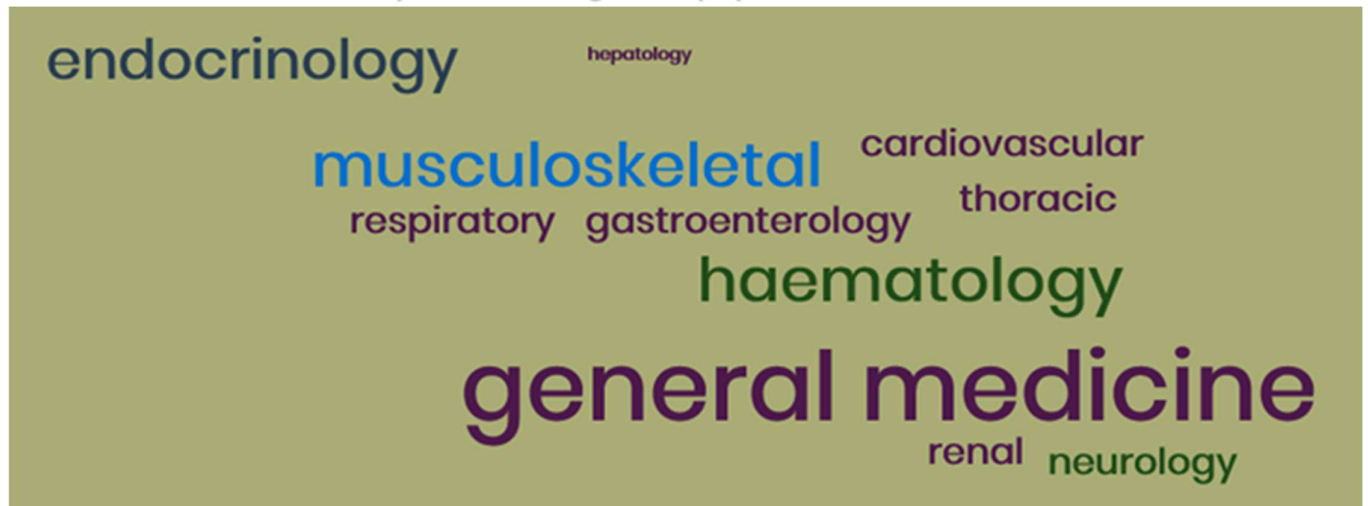
Physician responds that as the Tfts show a suppressed TSH, & ft4 in the upper range of normal, MNG is still overactive. Best option for this lady would be to continue on antithyroid medication - if CBZ unavailable then swap to PTU (propylthiouracil) 50mg/day as an equivalent dose. Would not consider RAI in this setting.

In addition the physician notes that Josie is on 3 antihypertensives & Lasix. Given her PD age, likely general frailty & falls risk, wonders if these can be down titrated? Aiming for a systolic BP of 150-160 in this age group with her set of comorbidities.

#### Day 4

GP switched Josie to PFU 50mg daily. Weaning anti-hypertensives due to polypharmacy & multiple falls

## Areas of medicine covered by RFAs for the general physician eConsultant to date



### Need a refresher

A quick guide to sending an RFA to the Mater eConsultant is attached. If you or a team member would like refresher training in the use of eConsultant please send a reply email with preferred dates and times to Dr Jenny Job – [j.job@mater.uq.edu.au](mailto:j.job@mater.uq.edu.au)

### eConsultant in a nutshell

Professor Claire Jackson (CHSRI), Dr Narelle Fagermo (our Mater eConsultant), and Dr Jos (GP, Leichardt Medical, Mt Isa) have shared their experience with eConsultant on a video kindly edited by Paul Stone from WQPHN. You can view the video at: <https://vimeo.com/441180658/6ece0d4cdd>

### Sending attachments with an RFA

If you wish to send correspondence with an eConsultant RFA there is an option to send a second message with only PDF attachments by right clicking on the little “m” symbol in the software taskbar and selecting “create new message (PDF)”.

Our mailing address is:

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