



MSPE (US APPLICANTS) Guide for Noteworthy Characteristics

*****THREE CHARACTERISTICS ONLY*****

The aim of the noteworthy characteristics section is to provide a holistic view of your achievements; these do not need to be related to your medical career, but need to highlight your accomplishments in the context of your journey to becoming a doctor.

The key thing to remember is: what three things do you want the program to know about you?

When writing your noteworthy characteristics, try and answer the following questions:

1. What is unique about you?
2. What are you most proud of?
3. What makes you stand out from all other applicants?
4. What is the most important thing you have accomplished?

Provide a **maximum of three characteristics** highlighting your most salient noteworthy characteristics. This section must be presented as a bulleted list. Each characteristic should be described in two sentences or less. Information about any significant challenges or hardships encountered during medical school may be included in this section.

Complete this section in third person (i.e. “**He** did this” NOT “I did this”).

Please refer to the MSPE Exemplar for an example on how to complete this section. You can also search the internet for MSPE Noteworthy Characteristics – there are many examples and suggested ideas to get you thinking.