



MSPR (CANADIAN APPLICANTS) Guide for Unique Characteristics

*****ONE PAGE MAXIMUM*****

Please provide your full name, and if you have a graduate degree, include that after your name.

EXAMPLE: John Everett Doe, MS

Paragraph 1

In the first paragraph state your degree and the institution where you received that degree. Then state your parents' names and occupation. If you attended college on a scholarship or graduated with honors, include that.

EXAMPLE

John Everett Doe earned his Bachelor of Science degree in chemistry from the University of Louisville and his Master of Science degree in biochemistry at the University of Michigan. John is the son of Everett Doe, an engineer with NASA until his death, and Sheila Doe, an accountant. John is one of three siblings. His brother Sam is a registered nurse in Boston. His brother William is currently attending UCLA, majoring in English.

Paragraph 2

In this paragraph, account for any time between college and medical school. If no time lapsed, then give the reason you decided to enter medicine. This should be a logical and specific explanation showing sound judgment and careful thought.

EXAMPLE:

At the age of 34, John's father was diagnosed with *glioblastoma multifoma* and died at the age of 49. In dealing with his father's long illness, John felt that his dad's physicians saw him only for his pathology.

In John's eye, the physicians took on account of his person, his family, and his functionality. These early experiences demonstrated to him the power of the position that physicians hold. Physicians can cut out, irradiate, and poison a tumor, but unless the physician see the consequences of those actions in the context of the person's life, it is impossible to know if the treatments are helpful or harmful. John wanted to become the kind of doctor who listened to people and their families in the process of treatment.

Paragraph 3

In the next paragraph, present any information about any volunteer work you did.



EXAMPLE

After college, John spent three months in England with St. Richard's Hospice as a volunteer. There he learned how his attitude and just listening could affect a patient's health. John also volunteered in El Salvador before entering medical school. He worked where people are suffering from diseases caused partly by inadequate health policies. He held workshops and taught villagers how to properly dispose of trash, and he taught nutrition. As a practicing physician, John's desire is to volunteer his time and skills in rural countries where he can influence public health policies.

Paragraph 4

In this paragraph, briefly mention any research you have completed or are currently doing. Just mention the topic of the research. This can include research in college and in medical school. Include publications.

Paragraph 5

In this paragraph, discuss your hobbies, special skills, language abilities.

OTHER CONTENT

- Awards/recognition received in college and medical school Leadership experiences
- Service to college or community Extracurricular activities Challenges you have experienced
- Academic difficulties can be addressed with reasons
- Obstacles you or your family encountered during your childhood

DO NOT INCLUDE

- Information about specialty choice
- Anything irrelevant or that you cannot talk about extensively in an interview setting.
- Political or religious identifiers.
- Information that is too personal or too emotional to be discussed in an interview.