

Preparation Week + All weeks		Introduction & General Practice Overview	Readings	VOPPs
General Practice Overview	General Practice	Understand the role of a GP within the health care system	The Australian Health System: An Overview Medical Student GP Orientation Course	Introduction to General Practice
		Understand how General Practice is funded, governed & placed within the Australian health system	The Australian Health System: An Overview	
		Understand the role of GPs in providing holistic & lifelong care	Characteristic Features of General Practice	
		Understand the role of GPs within the wider context of Public & Population Health	Tutorial discussions	
		Be able to conduct a General Practice consultation	Tips for a successful consultation (in tutorial folder)	
		Utilise the General Practice Clinical Unit Diagnostic & Management models for General Practice Consultations	Medical Student GP Orientation Course (GP Synergy)	
		Demonstrate clinical reasoning as it applies in General Practice consultations		
		Understand the ethical and legal obligations of GPs.	AFP Ethics Cases: Disclosing Errors, Overdiagnosis Harm and Paternalism, CME and the Pharmaceutical Industry AHPRA Resources: Code of conduct, mandatory notifications	Ethics in General Practice
Be able to recognise, acknowledge and negotiate, ethical problems in General Practice consultations.				

Week 1		Cardiovascular & Respiratory Health	Readings	VOPPs
Preventive Health & Screening		Understand the General Practitioner's role in preventive health care	RACGP Redbook Chapters 1-2 Medical Student GP Orientation Course (introductory resources folder)	
		Be able to discuss and promote healthy lifestyle changes with regards to smoking, nutrition, alcohol and physical activity	RACGP Red Book Chapter 7 SNAP Guidelines Excerpt from Dietary Guidelines NHMRC (week 3 resources folder)	
Clinical presentations		Have a diagnostic approach to the patient presenting with shortness of breath		Cough
		Have a diagnostic approach to the patient presenting with cough		
		Have a diagnostic approach to the patient presenting with palpitations	Approach to Palpitations AJGP	
		Have a diagnostic approach to the patient presenting with chest pain	Chest Pain Interactive Clinical Case	Chest pain
Cardiovascular disease	Ischaemic Heart Disease	Be able to clinically apply the current RACGP recommendations for screening for hypertension, hypercholesterolemia and chronic kidney disease	RACGP Redbook Chapter 8.2, 8.3, 8.6	
		Know how to calculate absolute cardiovascular risk & implement an appropriate management plan based on the score.	Absolute CVD Risk Management RACGP Redbook Chapter 8.1	
		Know how to diagnose & implement a management plan for hypertension	Hypertension Guideline MJA Medical Student GP Orientation Course (introductory resources folder)	
		Know how to diagnose & implement a management plan for dyslipidaemia	Absolute CVD Risk Management	
		Know how to diagnose & implement a management plan for ischaemic heart disease	Absolute CVD Risk Management Chest pain – interactive case	Chest Pain
Respiratory Disease	Asthma	Know how to diagnose & implement a management plan for asthma	Emergency asthma management flowcharts Asthma Management for Adults Table Asthma Action Plan Template	Asthma
	COPD	Know how to diagnose & implement a management plan for COPD	COPD-X Guide for Primary Care	
	URTI	Know how to diagnose and implement a management plan for upper respiratory tract infections	The False Dichotomy of Bacterial vs Viral Aetiology in URTIs Pharyngitis and the Centaur Score Interactive Clinical Case Medical Student GP Orientation Course (introductory week folder)	Acute respiratory infections in GP Acute respiratory infections COVID
Rational Antibiotic Use		Understand how to make evidence-based decisions regarding antibiotic prescribing and counsel a patient about appropriate use of antibiotics	Indications for Antibiotics in Primary Care (eTG)	

Week 2		Women's & Men's Health, Sexual Health	Readings	VOPPs
Women's Health	Prevention - Screening	Be able to clinically apply the current RACGP screening recommendations for cervical & breast cancer	RACGP Red Book Chapter 9.3, 9.5 Cervical Cancer Screening	
	Breast Health	Have a safe diagnostic approach to a breast lump including the triple test	Investigation of a New Breast Symptom	The General Practice Approach to Breast Conditions
	Pregnancy	Be able to implement a management plan for the first presentation of suspected pregnancy including: confirming pregnancy, appropriate investigations and lifestyle advice	Antenatal Shared Care Flowchart MMH	Antenatal/Postnatal Care
	Menstrual disorders	Recognise and have a safe diagnostic approach to abnormal vaginal bleeding	Abnormal Vaginal Bleeding	
	Menopause	Be aware of menopause diagnosis and management	Making Choices at Menopause	Menopause
	Urinary Tract Health	Know how to diagnose & implement a management plan for urinary tract infection	UTIs - Acute Cystitis in Adults eTG	
Men's Health	Lower Urinary Tract Health	Know how to diagnose & implement a management plan for lower urinary tract symptoms in men	Review and update of BPH in general practice	
		Know how to diagnose & implement a management plan for erectile dysfunction	Assessment and treatment of erectile dysfunction by the GP	
		Understand the role of PSA screening, its implications & current recommendations by the RACGP	RACGP Prostate Cancer Information Sheet RACGP Red Book Chapter 9.1	
Sexual Health/ Relationships	Contraception	Know the available options for contraception, their relative effectiveness and major indications/contraindications including: Combined oral contraceptive pill, Vaginal Ring, hormone-releasing and copper IUD, contraceptive implant, depot progesterone injection, progesterone-only pill, condoms, diaphragm, vasectomy & tubal ligation.	Medical Eligibility Criteria for Contraceptive Use – Summary table	Contraception Overview
		Be able to counsel a woman/man about the most appropriate contraceptive option for them.	Contraception Across the Lifespan – Interactive Clinical Case	
	Sexually Transmitted Infections	Be able to clinically apply the current RACGP recommendations for sexually transmitted infection screening	RACGP Redbook Chapter 6.2 Medical Student GP Orientation Course (introductory week folder) STI/BBV Testing Tool Qld Gov	PV Discharge
		Know how to diagnose & implement a management plan for chlamydia and gonorrhoea including contact tracing		PV Discharge
	Vaginal Health	Have a diagnostic approach for a presentation with vaginal discharge, including physiological, candidiasis, bacterial vaginosis, trichomonas, chlamydia and gonorrhoea.		PV Discharge
	LGBTI Health	Be aware of ways to provide sensitive care for those identifying as LGBTI	Sensitive care for lesbian, gay and bisexual people	

Week 3		Endocrine and Metabolic Conditions, Mental Health and Fatigue	Readings	VOPPs
Prevention		Understand and apply Australian Dietary Guidelines	Dietary Guidelines Summary NHMRC	
Endocrine and Metabolic Conditions	Type 2 Diabetes	Know how to diagnose & implement a management plan for type 2 Diabetes	T2DM Treatment Algorithm Diabetes Australia NDSS Diabetes Annual Cycle of Care	Diabetes
	Obesity	Know how to diagnose & implement a management plan for obesity	Managing Obesity in Primary Care: Breaking Down the Barriers	
Mental Health	Mood Disorders	Know how to diagnose & implement a management plan for major depressive disorder	Non-Drug Options for Depression NPS Choosing and Antidepressant NPS Medical Student GP Orientation Course (introductory week folder)	Depression
	Anxiety and Stress	Know how to diagnose & implement a management plan for an anxiety disorder	Anxiety NPS	
		Know how to diagnose & implement a management plan for acute distress/trauma/situational crisis	Early response to psychological trauma AJGP	
		Be aware of the inter-relationship of psychosocial distress and physical symptoms, and understand management principles for these presentations.	Medically Unexplained Illness RACGP	
Sleep Disorders	Insomnia	Know how to diagnose & implement a management plan for insomnia	Management of Insomnia in Primary Care NPS	
	OSA	Know how to diagnose and implement a safe management plan for obstructive sleep apnoea	Update on the Assessment and Investigation of Adult OSA AJGP Update on the Current Management of Adult OSA AJGP	
Fatigue	Fatigue	Have a diagnostic approach for a presentation of fatigue Understand rational use of investigations to investigate fatigue	Fatigue NPS	Fatigue
Social Determinants of Health		Understand the impacts of identifying as Aboriginal or Torres Strait Islander on health	Five Steps Toward Excellent Healthcare for Aboriginal and Torres Strait Islander People	Aboriginal and Torres Strait Islander Health
		Understand how social disadvantage impacts on health & how this can be addressed in general practice		Social Disadvantage

Week 4		Paediatrics, Skin	Readings	VOPPs
Paediatrics	GP Approach to Paediatrics	Develop a structured approach to the paediatric consultation in general practice	Medical Student GP Orientation Course (GP Synergy)	Paediatrics 1
		Have an appropriate approach to performing a child health check in general practice and know red flags for referral when assessing development		Paediatrics 3
	Prevention	Have an overview of immunisation throughout the lifespan	National Immunisation Programme Schedule	
	Unwell Child	Recognise the unwell child	The Unwell Child	Paediatrics 2
	Infectious Diseases	Know how to diagnose & implement a management plan for croup, bronchiolitis, gastroenteritis, and viral upper respiratory tract infection in children	Croup Emergency management flowchart CHQ Gastroenteritis - Emergency Management Flowchart CHQ Bronchiolitis - Emergency Management Flowchart CHQ	
	Nutrition	Know current NHRMC recommendations with regards to breastfeeding & infant nutrition	Infant & Toddler Nutrition AFP	Breastfeeding Basics
Have a safe approach to medications in breastfeeding and pregnancy				
Have a diagnostic approach & be able to implement a management plan for breastfeeding problems				
	Know how to assess for childhood fussy eating and overweight children & implement a management plan for these	Infant & Toddler Nutrition AFP Weight Mx Children NHMRC		
Skin Medicine	Skin lesions	Have a diagnostic approach & know how to implement a management plan for common and important benign and malignant skin lesions	Skin lesion Quiz Non-Melanoma Skin Cancer Melanoma Cancer Council	Introduction to dermatology How to Perform a Skin Check Common Benign Skin Lesions Skin Cancers
	Rashes	Know how to diagnose common rashes		Rashes, Infestations and Skin Infections
		Know how to diagnose and implement a management plan for eczema	Atopic Dermatitis in Children AFP Topical Steroids: Relative Potencies	Eczema (Dermatitis)
		Know how to diagnose & implement a management plan for acne vulgaris	Acne Best Practice AFP	Acne
	Have a diagnostic approach & know how to implement a management plan for skin ulcers	Skin Ulcer Dressing & Mgmt AFP		
Social Determinants of Health	Be aware of ways to provide appropriate care for those from culturally and linguistically diverse, and/or refugee backgrounds	Caring for Refugee Patients in General Practice - Foundation House		

Week 5		Musculoskeletal Health, Aged and Palliative Care, Pain Management	Readings	VOPPs
Prevention		Be familiar with other screening activities across the lifespan, including for the elderly	RACGP Redbook Chapter 5, 14, Lifecycle Charts	
		Apply the foundations of motivational interviewing in health behaviour change	Motivational interviewing AFP	
Musculoskeletal Medicine	Low back pain	Know how to diagnose & implement a management plan for acute lower back pain including rational use of investigations	Diagnostic Triage for Lower Back Pain MJA Medical Student GP Orientation Course (introductory week folder)	Musculoskeletal System Summary
	Knee pain	Have a diagnostic approach for knee pain & injury including acute meniscal or ligament tear		
	Shoulder pain	Have a diagnostic approach for shoulder pain & injury including basic management of bursitis and tendinopathy.	Shoulder Examination Cheat Sheet	
	Ankle pain	Be able to assess an acute ankle injury	Sports Ankle Injuries AFP	
	Osteoarthritis	Know how to diagnose and implement a management plan for osteoarthritis	NPS MedicineWise Osteoarthritis Guidelines Managing Osteoarthritis (Aust Prescriber)	
Aged & Palliative Care	Aged Care	Have a diagnostic approach to cognitive impairment in the elderly	Office Based Assessment of Cognitive Impairment AJGP	
	Fitness to Drive	Understand the GP's role and responsibilities in assessing fitness to drive, and relevant ethical and legal issues		Assessing Fitness to Drive
	Osteoporosis	Know how to diagnose & implement a management plan for osteoporosis	Osteoporosis Guidelines Algorithm Osteoporosis Australian Prescriber	
	Palliative Care	Develop an approach to discussing death and dying with patients Know how to assess palliative care symptoms Understand principles of palliative management, including advance care planning, symptom management (pain, dyspnoea, end of life), and managing the emotional impact of death and dying		Palliative Care
Pain Management in General Practice	Neuropathic pain	Know how to diagnose & implement a management plan for neuropathic pain	Neuropathic Pain NPS	
	Chronic non- cancer pain	Know how to implement a management plan for chronic non-cancer pain including appropriate use of opioids	Chronic Pain NPS Opioid Use in Chronic Non-Cancer Pain Tame The Beast - It's time to rethink persistent pain	
Prescribing behaviour	Rational prescribing	Understand how to make evidence-based & cost-effective decisions regarding medication prescribing, deprescribing and discontinuation	Clinical Exposure	
	Marketing & drug information	Be aware of current evidence regarding the impact of pharmaceutical marketing upon prescribing behaviours	Continuing Medical Education and the Pharmaceutical Industry (ethics resources folder)	

Week 6		GIT, Emergencies in General Practice & Headache		Readings	VOPPs
Preventive health	Alcohol	Be able to assess alcohol use and advise regarding healthy drinking habits		Australian Guidelines to reduce health risks from drinking alcohol - NHMRC	
Clinical Presentations	Abdominal pain	Have a diagnostic approach to the patient presenting with abdominal pain		Clinical Experience	
	Chest pain	Have a safe diagnostic approach for presentations with chest pain		Chest pain – Interactive Case (week 1 folder)	Chest Pain (week 1 folder)
Gastrointestinal	Reflux disease	Know how to diagnose & implement a management plan for GORD		PPIs - Too Much of a Good Thing NPS	GI Presentations in General Practice
	Peptic ulcer disease	Have a diagnostic approach for presentations with epigastric pain and dyspepsia			
	Irritable Bowel Syndrome	Know how to diagnose & implement a management plan for irritable bowel syndrome		Treatment of Irritable Bowel Syndrome NPS	
	Constipation	Have a diagnostic approach and be able to implement a management plan for constipation in adults and children			
	PR bleeding	Have a diagnostic approach for presentations with rectal bleeding		Anorectal Pain, Bleeding and Lumps AFP	
	Hepatitis	Know how to diagnose & implement a management plan for hepatitis C		Hepatitis C NPS	
	Prevention - Colorectal cancer screening	Be able to clinically apply the current RACGP recommendations for colorectal screening		RACGP Redbook - Chapter 9.2	
Emergencies in General Practice	Acute presentations	Know how to diagnose & implement emergency management and a management plan for anaphylaxis		Anaphylaxis Wall Chart Australian Prescriber Anaphylaxis AJGP	
		Know how to diagnose & implement emergency management for acute coronary syndrome			Chest Pain (week 1 folder)
Headache	Headaches	Have a diagnostic approach for the presentation of headache		Headache NPS	Headaches
		Know how to diagnose and implement a management plan for migraine and cervicogenic/tension headache			