



Using N-of-1 Trials in General Practice: What are your views?

The University of Queensland Centre for Clinical Research is conducting an interview study with Australian General Practitioners.

What is the research about?

The randomised controlled trial (RCT) is recognised as the “gold standard” design for evaluating interventions. RCTs tell us whether a treatment is effective on average, but not whether it is effective for an individual patient.

N-of-1 Trials

N-of-1 trials are multiple crossover, randomised controlled trials of treatments versus a placebo (or another treatment) in a single patient and are used to determine treatment response at the individual patient level.

Individualised findings from N-of-1 trials provide greater precision in treating compared to the informal ‘trial-and-error’ approach.

This study aims to explore GPs’ views about using N-of-1 trials in general practice.

The research question

How can GPs start using N-of-1 trials for their patients? What are barriers to overcome?

Who can participate in the study?

General Practitioners who have been working in clinical practice for at least 1 year. No prior knowledge about N-of-1 trials is needed.

What does the study involve?

If you participate, you will be asked to:

- Complete an online survey collecting personal details relevant to the study (<5 mins).
- Watch a short video on N-of-1 trials (<10 mins).
- Participate in a one-to-one interview with a researcher in person or via telephone/video call at a time convenient to you (30-40 mins).

You will receive \$200 in gift vouchers at the end of the interview to thank you for participating.

To participate in the study, or for more information, please contact:

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