



Primary Care Clinical Unit

GP Newsletter
November 2021

A big 'thank you' to all GP Teachers and practice teams for supporting UQ medical students during another trying COVID year. Your contribution is greatly appreciated by the students as reflected in a 17 GP Teachers nominated by students for a UQ Faculty of Medicine teaching award. All nominees are being recognised with a certificate presented at our end of year GP Teachers Evening on Wednesday 17th November 2021 from 6pm-8pm. All GP Teachers, practice nurses and practice managers are invited to join us at this event to celebrate these successes and to reflect on the year that was, hear about the new UQ Medical Program MD2023, and to share enthusiasm and strategies for teaching in general practice. This will be an opportunity to see old friends and meet some of our new teachers.

We are also pleased and proud to announce that the Urban LInCC Team including Ian Williams, Robyn Shirlaw, Collette Sheridan, Wendell Rosevear, Margie Henderson, David King,

Jo O'Reilly, Alison Green, Rory Melville, and Sandra Comer, Jocelyn Selwood, Marie-Louise Dick and all the General Practices who have taken Urban LInCC students, were awarded a Faculty of Medicine Award for 'Programs that Enhance Learning'; and that Michaela Kelly and her Vulnerability in Medicine Tutorial Program Team, including Johanna Lynch, Nancy Sturman, Penny Mainstone, Alison Green, Gillian Eastgate, and Kim Wicks, were awarded a 'UQ Citation for Outstanding Contributions to Student Learning'. Congratulations to all award nominees and winners, well-deserved recognition indeed.

A/Prof Katharine Wallis

Acting Head, Primary Care Clinical Unit

A/Prof Nancy Sturman,

Acting Head, Mayne Academy of General Practice

“He is also an exceptional exemplar of professionalism, how to build rapport and manage difficult consultations.”

2021 student Teaching Award Nomination for GP Teacher

Congratulations to the UQ Medical Program Teaching Awards Nominees.

The Medical Program Teaching Awards are student nominated awards. Phase I and Phase II UQ Medicine students are asked to nominate a clinical teacher they think is worthy of receiving an award.

This year, we are very excited because 17 of our GPs have been nominated for Primary Care Clinical Unit GP Teacher Awards. Nominees will be presented with a certificate at the PCCU end of year function on Wednesday 17th November and the winners will be announced at the Medical Dean’s Forum on Friday 19th November.

The Nominees are:

Dr Vivian Cham	Dr Rory Melville
Dr Aaron Chambers	Dr David Orth
Dr Dip Chand	Dr Sharad Paliwal
Dr Tommy Chao	Dr Robyn Shirlaw
Dr Colin Chow	Dr Kay Strom
Dr Nicholas Comino	Dr Jordan Tonakie
Dr Gregory Henricks	Dr Isaac Tranter
Dr Shihui Lai	Dr Kathy Williams
Dr Suzie Ma	

Congratulations to these wonderful GP teachers – some of the comments made by the nominating students are below.

{Dr X} is an exceptionally knowledgeable doctor that I would be glad to have as my GP, as well as a fantastic teacher that challenges students while providing a supportive learning environment that I feel created one of if not the best educational experiences of my degree so far.

Apart from being a professional doctor that every patient loves, {Dr Y} also guides me as a great human being, and I see [them] as some sort of role model. I certainly was affected by how [they] treated patients and life.

Dr Z epitomizes what it means to be an exemplary physician with excellence in knowledge, teaching, communication, respect and empathy for others to name a few things. At the end of my time with Dr Z I was certain not only that I want to be a GP, but I want to be a GP who embodies similar values and excellence in standard of care

2022 general practice placement dates

3rd year GP Placement Block

Block 1: 17 January – 25 February
Block 2: 28 February – 8 April
Block 3: 18 April – 27 May
Block 4: 27 June – 5 August
Block 5: 8 August – 16 September

Staff Profile: Dr Rhys Cameron



Rhys is a recent addition to the PCCU as a lecturer and researcher. He spends his clinical time providing care to the Indigenous community in Logan Central through ATSICHS Medical Clinic. He is passionate about the profession of general practice and motivating people

towards a healthy lifestyle. He especially enjoys teaching. With previous experience as a medical educator through GPTQ he is now venturing into medical student education.

Rhys is part of the board of a Logan Community Centre and a Red Frog volunteer leader in university student accommodation. As a first-time dad, Rhys has been loving the journey of fatherhood, and spends his other time involved with his church, playing touch football, tennis and spike-ball.

Have you seen the GP2U videos?

The GP2U videos (available on the [UQGP website](https://uqgp.uq.edu.au)) feature some of our GP teachers speaking about their teaching experiences and how they manage specific situations. Each section is separate so you can dip in and out and fast forward to learn what your colleagues do.

Click on the links below or go to <https://medicine-program.uq.edu.au/academic-disciplines/general-practice/our-teaching>, click on *Teaching in clinical practice (opportunities and resources)* then scroll down to *Teaching resources*.

1. [Introduction](#)
2. [Teaching history taking, clinical reasoning and communication skills](#)
3. [Learning procedural skills](#)
4. [Feedback conversations with students](#)
5. [Challenges for teachers](#)

We wish to express our thanks to the GPs who gave up their time to record these videos.

End of Year face-to-face function: Nov 17th

Please join us at our **UQ General Practice: Update for GP teachers and practice managers and nurses** on Wednesday 17th November from 6-8pm in the Mayne Medical School building to network with General Practice colleagues, share teaching expertise, and workshop solutions to educational challenges in the General Practice setting as well as learn about the new UQ MD 2023 program from Professor Kirsty Foster.

For further information, please contact med.gp@uq.edu.au.

2nd year Urban LInCC

Semester 1: 14 February – 20 May
Semester 2: 11 July – 21 October

UQGP Research

This practice-based research network enables GP practices and PCCU researchers to work together to develop and conduct practice-based research projects, building the evidence-base for primary health care.

Project updates

3-Domains toolkit for driving medical assessment in older drivers: Ten practices have finished using the toolkit in 50 older drivers during their annual driving medical assessment. Work is ongoing to interview older drivers, GPs and practice nurses to understand acceptability and utility of the toolkit in routine general practice.

Teaching in the time of COVID: This interview study is completed and under review for publication. Findings suggest GP teachers were keen to keep teaching in clinical practice during the disruptions of an evolving pandemic. Despite challenges teaching and learning some clinical skills, GPs identified new opportunities for learning including during Telehealth consultations.

RELEASE (REdressing Long-tErm Antidepressant uSE in general practice) Think-aloud study with patients: This study is recruiting patients on long-term (>1year) antidepressants to explore their views on RELEASE resources developed to support people to safely taper and stop antidepressants when these drugs are no longer indicated. If interested please contact: uqgpresearch@uq.edu.au

Recruitment: Exploring GPs' Perspectives about Using Single-Patient Trials (N-of-1 Trials) in Clinical Practice

We are inviting General Practitioners with at least 1 year of clinical experience to participate in an interview exploring their views about using Single-Patient Trials, also known as N-of-1 trials, in healthcare. No prior knowledge about N-of-1 trials is needed. This study involves:

- Short online survey and informational video on N-of-1 trials (takes up to 15 minutes to complete).
- Interview at a time convenient to you, either face-to-face in Brisbane or via Zoom (30-40 minutes)

By participating in this study, you will be providing valuable information that will inform strategies to improve awareness and uptake of N-of-1 trials in the healthcare context.

You will be compensated with a \$200 Coles gift voucher.

If you are interested in participating, please contact the Chief Investigator, Dr Suzanne McDonald (suzanne.mcdonald@uq.edu.au).

COVID-19 research

Vaccine hesitancy is an important topic at present.

Prof Julie Leask and colleagues provide "A guiding communication style for the vaccine hesitant":

- Elicit questions & concerns
- Acknowledge concerns, validate person
- Share knowledge using quality resources
- Elicit motivation to vaccinate
- Set out options
- Make a recommendation
- Continue the conversation

Leask J, Carlson SJ, Attwell K, et al. **Communicating with patients and the public about COVID-19 vaccine safety: recommendations from the Collaboration on Social Science and Immunisation.** *Med J Aust.* 2021 Jul;215(1):9-12.e1. doi: 10.5694/mja2.51136. Epub 2021 Jun 16. PMID: 34137034; PMCID: PMC8361917.

Recent PCCU articles

"I'm outta here!": a qualitative investigation into why Aboriginal and non-Aboriginal people self-discharge from hospital. Askew DA, Foley W, Kirk C, Williamson D. *BMC Health Serv Res.* 2021 Sep 3;21(1):907. doi: 10.1186/s12913-021-06880-9. PMID: 34479571; PMCID: PMC8414851.

Cardiovascular disease risk prediction in older people: a qualitative study. Taylor DA, Wallis KA, Feki S, Moala S, Latu M, Fanueli E, Saravanakumar P, Wells S. *BJGP.*2020.1038. DOI: <https://doi.org/10.3399/BJGP.2020.1038>

Getting good help: a guide for reflection, debriefing and feedback conversations about in-consultation supervision. Sturman N, Fitzmaurice L, Ingham G, Lee C, Sheldrake M *Educ Prim Care.* 2021 Mar;32(2):118-122. doi: 10.1080/14739879.2020.1864781. Epub 2021 Feb 11. PMID: 33568024

Reforming our health care system: time to rip off the band-aid? Jackson CL, O'Halloran D. *Med J Aust.* 2021 Oct 4;215(7):301-303.e1. doi: 10.5694/mja2.51261. Epub 2021 Sep 13. PMID: 34519047.

Exploring Symptom Fluctuations and Triggers in Myalgic Encephalomyelitis/Chronic Fatigue Syndrome Using Novel Patient-Centred N-of-1 Observational Designs: A Protocol for a Feasibility and Acceptability Study. McDonald, S., Tan, S. X., Banu, S., van Driel, M., McGree, J. M., Mitchell, G., & Nikles, J. (2021) *The Patient-Centered Outcomes Research*, 1-10.

COVID can worsen quickly at home. Here's when to call an ambulance. King, D. *The Conversation* 2021. <https://theconversation.com/covid-can-worsen-quickly-at-home-heres-when-to-call-an-ambulance-166889>

If you would like to receive a copy of any of these articles, please contact us at med.gp@uq.edu.au

For further details, please contact: Primary Care Clinical Unit:
med.gp@uq.edu.au
<https://medicine-program.uq.edu.au/academic-disciplines/general-practice>



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