

## A NOTE ON FINDING LOCAL SERVICES

The service list below is provided for informational purposes only, and should not be interpreted as an endorsement by UQ Medical Student Support. Contact the services directly to determine suitability.

To book a UQ Counselling appointment at St Lucia and Herston, call 3365 1704. For after-hours crisis and support, call 1300 851 998.

Queensland Doctors' Health Programme provides an independent, confidential, colleague to colleague support service to assist doctors and medical students. For immediate support, call the 24/7 helpline 3833 4352.

13 HEALTH (13 42 25 84) is a confidential 24/7 phone service that provides evidenced based healthcare information and referral.

1300 MH CALL (1300 642 255) is a confidential 24/7 phone service that provides information, advice and support to people with questions or concerns about their own mental health or the mental health of a friend or family member.

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### [North Brisbane](#)

Royal Brisbane and Women's Hospital, The Prince Charles Hospital, Caboolture Hospital, Redcliffe Hospital

### [South Brisbane](#)

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### [Outside Brisbane](#)

Ipswich Hospital, Sunshine Coast University Hospital

### [Rural](#)

Bundaberg Hospital, Rockhampton Hospital, Hervey Bay Hospital, Toowoomba Hospital.

HEALTH SERVICE	HOW TO ACCESS	COST PER SESSION	MEDICARE REBATE AVAILABLE	PRIVATE HEALTH REBATE AVAILABLE	OPENING HOURS	CONTACT & BOOKING DETAILS
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## NORTH BRISBANE

### INNER NORTH – Royal Brisbane and Women’s Hospital

MyHealth Medical Centre -GP	No referral necessary contact clinic directly.	Bulk Billing available.	Yes.	Full payment must be made up front and refund obtained from insurer later.  Check with your health insurance provider to see what your entitlements are.	Monday-Friday: 9:00am to 5:30pm  Saturday 9:00am to 1:00pm	Phone: 3180 4768  Web: <a href="http://myhealth.net.au/brisbane-showgrounds/">myhealth.net.au/brisbane-showgrounds/</a>  Location: 9/30 King Street BOWEN HILLS 4006  <i>15 minute bus from RBWH Hospital 18 minute walk from RBWH Hospital</i>
QUT Psychology And Counselling Clinic -Psychologist and Counsellor	No referral necessary. Contact the clinic directly.	Initial: \$40  Review: \$40  Psychological Assessment: \$300.	No.	No.	Monday – Friday: 8am-5pm	Phone: 3138 0999  Web: <a href="http://qut.edu.au/about/services-and-facilities/all-services/qut-psychology-and-counselling-clinic">qut.edu.au/about/services-and-facilities/all-services/qut-psychology-and-counselling-clinic</a>  Location: 44 Musk Avenue KELVIN GROVE 4059  <i>24 minute bus from RBWH</i>
Brisbane Counselling Centre -Psychologist	No referral necessary. Contact the clinic directly.	Standard appointment: \$190  Weekend appointment: \$210.	Yes – If referred by a GP under a Mental Health Care Plan, you are entitled to a rebate from Medicare for 10 sessions per calendar year.  Minimum rebate: \$86.15	Full payment up front and obtain refund from insurer later.  Check with your health insurance provider to see what your entitlements are.	Monday – Friday: 7:00am-7:00pm  Saturday: 7:00am-5:00pm  Sunday: 9:00am-5:00pm.	Phone: 3831 4452  Email: admin@brisbanecounsellingcentre.com.au  Web: <a href="http://brisbanecounsellingcentre.com.au">brisbanecounsellingcentre.com.au</a>  Location: 87 Wickham Terrace BRISBANE 4000  <i>16 minute bus from RBWH</i>

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**NORTHSIDE - The Prince Charles Hospital**

Platinum Medical Centre - GP	No referral necessary contact clinic directly.	Bulk Billing available.  Monday to Friday:  Standard appointment: \$80-\$120.  Weekend appointment: \$90-\$130.	Yes.	Full payment up front and obtain refund from insurer later.  Check with your health insurance provider to see what your entitlements are.	Monday-Friday 8:00am-6:00pm  Saturday: 8:30am-12:30pm	Phone: 3861 4455  Web: <a href="http://platinummedical.com.au">platinummedical.com.au</a>  Location: 18 Banfield Street (ATO Building) CHERMSIDE 4032  <i>17 minute bus from TPCH</i>
My Health Medical Centre -GP	No referral necessary contact clinic directly.	Bulk Billing available.	Yes.	Yes- but you may be asked to make a full payment up front and obtain refund from insurer later.  Check with your health insurance provider to see what your entitlements are.	Monday to Friday: 8:00am-5:00pm	Phone: 3668 0770  Web: <a href="http://myhealth.net.au/Chermside">myhealth.net.au/Chermside</a>  Location: Shop 2658 Westfield Chermside Corner Gympie and Hamilton Roads CHERMSIDE 4032  <i>17 minute bus from TPCH 27 minute walk from TPCH</i>
Insync Psychology -Psychologist	No referral necessary contact clinic directly.	Contact clinic to discuss cost.	Contact clinic to discuss rebate.	Contact clinic to discuss rebate.	Tuesday, Thursday and Friday 830am-530pm	Phone: 3350 3633  Web: <a href="http://insyncpsychology.com.au">insyncpsychology.com.au</a>  Location: 15 Wallace Street CHERMSIDE 4032  <i>14 minute bus from TPCH 15 minute walk from TPCH</i>
Accoras Psychology Services -Psychologist	No referral necessary unless seeking rebate.	Bulk Billing available if you are referred by GP and have a concession health care card.	Yes – If referred by a GP under a Mental Health Care Plan, you are entitled to a rebate from Medicare for	Full payment up front and obtain refund from insurer later.	Monday: 9:00am-5:00pm  Tuesday: 10:00am-6:00pm	Phone: 3638 0383  Email: psnorth@accoras.org.au

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			10 sessions per calendar year.	Check with your health insurance provider to see what your entitlements are.	<p>Wednesday - Thursday 9:00am-6:00pm</p> <p>Friday: 9:00am-3:00pm</p> <p>Saturday: 8:00am-2:00pm.</p>	<p>Web: <a href="http://accoras.com.au/psychologyservices">accoras.com.au/psychologyservices</a></p> <p>Location: 271 Gympie Road KEDRON 4031</p> <p><i>7 minute drive from TPCH 20 minute bus from TPCH</i></p>
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**NORTHSIDE - Caboolture Hospital**

<p>Caboolture Super Clinic</p> <p>- GP -Psychologist</p>	No referral necessary contact clinic directly.	<p>Bulk Billing available.</p> <p>Contact clinic to discuss service cost.</p>	Yes.	<p>Yes – but full payment must be made up front and refund obtained from insurer later.</p> <p>Check with your health insurance provider to see what your entitlements are.</p> <p>Overseas Student Health Cover accepted.</p>	Monday-Sunday: 8:00am – 6:00pm	<p>Phone: 07 5315 8888</p> <p>Web: <a href="http://caboolturesuperclinic.com.au">caboolturesuperclinic.com.au</a></p> <p>Location: 23-27 George Street CABOOLTURE 4510</p> <p><i>28 minute bus from Caboolture Hospital 6 minute walk from Caboolture Station.</i></p>
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<p>Morayfield Psychology Centre</p> <p>-Psychologist</p>	No referral necessary unless seeking rebate.	<p>General Psychologist appointment: \$140</p> <p>Clinical Psychologist appointment: \$185</p>	<p>Yes – If referred by a GP under a Mental Health Care Plan, you are entitled to a rebate from Medicare for 10 sessions per calendar year.</p> <p>General rebate: \$86.15</p> <p>Clinical rebate: \$126.50</p>	<p>Full payment must be made up front and refund obtained from insurer later.</p> <p>Check with your health insurance provider to see what your entitlements are.</p>	Monday – Friday: 8:30am-5:00pm	<p>Phone: 5495 6668</p> <p>Web: <a href="http://morayfieldpsychology.com">morayfieldpsychology.com</a></p> <p>Location: 5 Poinciana St MORAYFIELD 4506</p> <p><i>8 minute drive from Caboolture Hospital 30 minute bus from Caboolture Hospital.</i></p>
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NORTHSIDE - Redcliffe Hospital						
SmartClinics Rothwell Family Medical Centre  -GP	No referral necessary. Contact the clinic directly.	Bulk Billing available.	Yes.	Full payment must be made up front and refund obtained from insurer later.  Check with your health insurance provider to see what your entitlements are	Monday-Friday: 8:00am – 6:00pm  Saturday: 9:00am-1:00pm	Phone: 32049322  Web: <a href="http://smartclinics.com.au/location/rothwell/">smartclinics.com.au/location/rothwell/</a>  Location: 757 Deception Bay Road ROTHWELL 4022  <i>15 minute drive from Redcliffe Hospital 30 minute bus from Redcliffe Hospital</i>
Moreton Bay Clinic  -Psychologist	No referral necessary unless seeking rebate.	Contact clinic to discuss cost.  \$195 per session.	Yes – If referred by a GP under a Mental Health Care Plan, you are entitled to a rebate from Medicare for 10 sessions per calendar year	Full payment up front and obtain refund from insurer later.  Check with your health insurance provider to see what your entitlements are.	Monday-Friday: 9:00am-6:00pm  After hours appointments available upon request.	Phone: 3885 8693  Web: <a href="http://moretonbayclinic.com.au">moretonbayclinic.com.au</a>  Email: enquiries@moretonbayclinic.com.au  Location: 5a Garsden Street SCARBOROUGH 4020  <i>13 minute bus from Redcliffe Hospital 20 minute walk from Redcliffe Hospital</i>
My Health Team  – Psychologist	No referral necessary. Contact clinic directly.	Bulk Billing available.	Yes – If referred by a GP under a Mental Health Care Plan, you are entitled to a rebate from Medicare for 10 sessions per calendar year	Yes- can submit rebate claim at the clinic.  Check with your health insurance provider to see what your entitlements are.	Monday-Friday: 8:30am to 5:30pm	Phone: 3283 4949  Email: admin@myhealthteam.com.au  Web: <a href="http://myhealthteam.com.au/Locations/Redcliffe">myhealthteam.com.au/Locations/Redcliffe</a>  Location: Bluewater Square Shopping Centre 20 Anzac Avenue REDCLIFFE 4020  <i>5 minute bus from Redcliffe Hospital 13 minute walk from Redcliffe Hospital</i>

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## SOUTH BRISBANE

### INNER SOUTH- Mater, Queensland Children's, Princess Alexandra, Greenslopes Hospitals

UQ Health Care St Lucia -GP	No referral necessary contact clinic directly.	Bulk Billing available.	Yes.	Yes- but you may be asked to make a full payment up front and obtain refund from insurer later.  Check with your health insurance provider to see what your entitlements are.	Monday-Friday: 8:30am-5:00pm	Phone: 3365 6210  Web: <a href="http://uqhealthcare.org.au">uqhealthcare.org.au</a>  Location: The University of Queensland Level 1, Gordon Greenwood Building (Blg 32) ST LUCIA 4067  <i>15 minutes bus from Mater Hill 10 minutes bus from PA Hospital 29 minutes bus from Greenslopes Private</i>
UQ Health Care Annerley -GP	No referral necessary contact clinic directly.	Bulk Billing available.	Yes.	Yes- but you may be asked to make a full payment up front and obtain refund from insurer later.  Check with your health insurance provider to see what your entitlements are.	Monday-Friday: 7:00am-6:00pm  Saturday: 8:00am-12:00pm.	Phone: 3346 1122  Web: <a href="http://www.uqhealthcare.org.au">www.uqhealthcare.org.au</a>  Level 4, 20 Cornwell Street ANNERLEY 4103 <i>10 minutes walk from Mater Hill 9 minutes bus from PA Hospital 28 minutes bus from Greenslopes Private</i>
Counselling and Wellbeing Centre -Psychologist	No referral necessary unless seeking rebate	Contact clinic directly to discuss cost and rebate.	Yes – If referred by a GP under a Mental Health Care Plan, you are entitled to a rebate from Medicare for 10 sessions per calendar year.	Full payment up front and obtain refund from insurer later.  Check with your health insurance provider to see what your entitlements are.	Monday-Friday: 8:00am-6:00pm  Later appointments available on Tuesdays.  Every second Saturday: 8:00am-12:00pm	Phone: 3891 2273  Web: <a href="http://cwcqld.com">cwcqld.com</a>  Location: 2 Deshon Street WOOLLOONGABBA 4102  <i>8 minutes bus from Mater Hill 16 minutes bus from PA Hospital 23 minutes bus from Greenslopes Private</i>

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Mater Hill Psychology Services -Psychologist	No referral necessary unless seeking rebate	Standard appointment: \$185.	Yes – If referred by a GP under a Mental Health Care Plan, you are entitled to a rebate from Medicare for 10 sessions per calendar year.  \$86.15 Rebate.	Full payment up front and obtain refund from insurer later.  Check with your health insurance provider to see what your entitlements are	Monday-Friday: 7:30am-6:00pm.	Phone: 3846 7396  Email: <a href="mailto:mhps@bigpond.net.au">mhps@bigpond.net.au</a>  Web: <a href="http://materhill.com.au/brisbane-counseling/">materhill.com.au/brisbane-counseling/</a>  Location: 40 Annerley Road WOOLONGABBA 4102  <i>5 minute walk from Mater Hill 13 minutes bus from PA Hospital 23 minutes bus from Greenslopes Private</i>
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### SOUTHSIDE - Queen Elizabeth II Jubilee Hospital

Your Health Medical Centre -GP	No referral necessary contact clinic directly.	Bulk Billing available.	Yes.	Full payment up front and obtain refund from insurer later.  Check with your health insurance provider to see what your entitlements are.  Overseas Student Health Cover accepted.	Monday-Wednesday: 7:00am-5:00pm  Thursday: 7:00am-6:00pm  Friday: 7:00am-4:00pm.	Phone: 3277 6488  Email: <a href="mailto:reception@yourhealthmedical.com.au">reception@yourhealthmedical.com.au</a>  Web: <a href="http://yourhealthmedical.com">yourhealthmedical.com</a>  Location: 10 Foote Street ACACIA Ridge 4118  <i>14 minute drive from QEII Hospital</i>
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Complete Care Doctors -GP	No referral necessary contact clinic directly.	Bulk Billing available.	Yes.	Full payment up front and obtain refund from insurer later.  Check with your health insurance provider to see what your entitlements are.	Monday, Tuesday, Wednesday, Friday: 8:30am-5:30pm  Thursday: 8:30am-7:00pm  Saturday: 9:00am-1:00pm  Sunday: 10:00am-4:00pm.	Phone: 3188 9005  Email: <a href="mailto:completecaredoctors@gmail.com">completecaredoctors@gmail.com</a>  Web: <a href="http://completecaredoctors.com">completecaredoctors.com</a>  Location: 55 Creek Road Mount Gravatt 4122  <i>16 minute drive from QEII Hospital</i>
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Griffith University Psychology Clinic Mt Gravatt  -Psychologist	No referral necessary unless seeking rebate.	Registered Psychologist: \$150/Hr  Provisional Psychologist: \$30 for initial appointment, \$20 for standard appointment.	Yes – If referred by a GP under a Mental Health Care Plan, you are entitled to a rebate from Medicare for 10 sessions per calendar year.	Yes- but you may be asked to make a full payment up front and obtain refund from insurer later.  Check with your health insurance provider to see what your entitlements are.	Monday-Friday: 9:00am – 5:00pm  After hours appointments available by request.	Phone: 3735 3301  Email: <a href="mailto:psyche-clinic@griffith.edu.au">psyche-clinic@griffith.edu.au</a>  Web: <a href="http://griffith.edu.au/griffith-health/clinics/psychology-clinic-mt-gravatt">griffith.edu.au/griffith-health/clinics/psychology-clinic-mt-gravatt</a>  Location: Level 1, Building M24 Griffith University 176 Messines Ridge Road MOUNT GRAVATT 4122 <i>20 minute bus from QEII Jubilee Hospital 15 minute drive from QEII Jubilee Hospital</i>
Accoras Psychology Services -Psychologists	No referral necessary unless seeking rebate.	Clinical Psychologist appointment (60mins): \$185  General Psychologist appointment (60mins): \$145	Yes – If referred by a GP under a Mental Health Care Plan, you are entitled to a rebate from Medicare for 10 sessions per calendar year.	Yes- but you may be asked to make a full payment up front and obtain refund from insurer later.  Check with your health insurance provider to see what your entitlements are.	Monday & Wednesday: 8:00am-5:00pm  Tuesday & Thursday: 8:00am-7:00pm  Friday: 8:00am-6:00pm	Phone: 3306 1083  Email: <a href="mailto:pssouth@accoras.org.au">pssouth@accoras.org.au</a>  Web: <a href="http://accoras.com.au/psychologyservices">accoras.com.au/psychologyservices</a>  Location: Ground Floor, Unit 1 973 Fairfield Road YEERONGPILLY 4105 <i>23 minute bus from QEII Jubilee Hospital</i>

### SOUTHSIDE - Redland Hospital

Victoria Point Medical & Dental Centre  -GP	No referral necessary contact clinic directly.	Bulk Billing available.	Yes.	Full payment up front and obtain refund from insurer later.  Check with your health insurance provider to see what your entitlements are.	Monday –Friday: 7:00am-10:00pm  Saturday-Sunday: 8:00am-10:00pm.	Phone: 3401 9555  Web: <a href="http://victoriapointmedicalcentre.com.au">victoriapointmedicalcentre.com.au</a>  Location: 349-369 Colburn Avenue VITORIA POINT 4165  <i>12 minute drive from Redland Hospital 30 minute bus from Redland Hospital</i>
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<p>Cleveland Central Medical Centre</p> <p>-GP</p>	<p>No referral necessary contact clinic directly.</p>	<p>Mixed billing (Bulk billing available with some doctors).</p> <p>Standard consultation: \$77.00</p>	<p>Yes - \$37.05 rebate.</p>	<p>Full payment up front and obtain refund from insurer later.</p> <p>Check with your health insurance provider to see what your entitlements are.</p>	<p>Monday: 7:00am-6:00pm</p> <p>Tuesday-Thursday: 7:00am-7:00pm</p> <p>Friday: 7:00am-5:30pm</p> <p>Saturday: 8:00am-12:00pm.</p>	<p>Phone: 3821 3844</p> <p>Web: <a href="http://clevelandcentralmedical.com">clevelandcentralmedical.com</a></p> <p>Location: 177 Bloomfield Street CLEVELAND 4163</p> <p><i>7 minute bus from Redland Hospital</i></p>
<p>Redlands Psychologists</p> <p>-Psychologist</p>	<p>No referral necessary unless seeking rebate.</p>	<p>Standard appointment: (50-60 mins): \$185-\$220.</p>	<p>Yes – If referred by a GP under a Mental Health Care Plan, you are entitled to a rebate from Medicare for 10 sessions per calendar year.</p>	<p>Yes- but you may be asked to make a full payment up front and obtain refund from insurer later.</p> <p>Check with your health insurance provider to see what your entitlements are.</p>	<p>Monday &amp; Friday: 8:00am-5.00pm</p> <p>Tuesday: 8:00am-6:00pm</p> <p>Wednesday – Thursday: 8:00am-7:00am</p> <p>Saturday: 8:00am-12:00pm</p>	<p>Phone: 3286 1530</p> <p>Email: admin@redlandspych.com.au</p> <p>Web: <a href="http://redlandspychologists.com.au">redlandspychologists.com.au</a></p> <p>Location: Level 1, Building 4, 16 Weippin Street, CLEVELAND 4163 (In the far right building when you enter the precinct.)</p> <p><i>3 minute walk from Redland Hospital</i></p>

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## OUTSIDE OF BRISBANE

### IPSWICH – Ipswich Hospital

Smart Clinics Medical Centre -GP	No referral necessary contact clinic directly.	Bulk Billing available.	Yes.	Full payment must be made up front and refund obtained from insurer later.  Check with your health insurance provider to see what your entitlements are.	Monday-Friday: 7:30am-5:00pm.  Sunday: 8:00am-2:00pm.	Phone: 3202 2000  Web: <a href="http://smartclinics.com.au">smartclinics.com.au</a>  Location: 1/10 Churchill Street, IPSWICH 4305 <i>3 minute walk from Ipswich Hospital</i>
Riverlink Medical & Dental Centre -GP	No referral necessary contact clinic directly.	Bulk Billing available.	Yes.	Full payment must be made up front and refund obtained from insurer later.  Check with your health insurance provider to see what your entitlements are.	Monday –Friday: 7:00am-10:00pm  Saturday-Sunday: 8:00am-10:00pm	Phone: 3413 6666  Web: <a href="http://riverlinkmedicalcentre.com.au">riverlinkmedicalcentre.com.au</a>  Location: Ipswich Riverlink Shopping Centre NORTH IPSWICH 4305 <i>5 minute drive from Ipswich Hospital 15 minute drive from Ipswich Hospital</i>
New Directions Psychology -Psychologist	No referral necessary unless seeking rebate.	Standard appointment with clinical psychologist: \$187.  Standard appointment with general psychologist: \$147	Yes – If referred by a GP under a Mental Health Care Plan, you are entitled to a rebate from Medicare for 10 sessions per calendar year.  Clinical rebate: \$126.50 rebate  General rebate: \$86.15	Full payment up front and obtain refund from insurer later.  Check with your health insurance provider to see what your entitlements are.	Monday-Friday: 9:00am – 5:00pm.	Phone: 3376 1977  Email: <a href="mailto:admin@newdirectionspsychology.com.au">admin@newdirectionspsychology.com.au</a>  Web: <a href="http://newdirectionspsychology.com.au">newdirectionspsychology.com.au</a>  Location: 10 Churchill Street IPSWICH 4305 <i>2 minute walk from Ipswich Hospital</i>

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Artius -Psychologist	No referral necessary unless seeking rebate	Bulk Billing available with concession card holders.  Contact clinic to discuss cost.	Yes – If referred by a GP under a Mental Health Care Plan, you are entitled to a rebate from Medicare for 10 sessions per calendar year.	Full payment must be made up front and refund obtained from insurer later.  Check with your health insurance provider to see what your entitlements are.	Monday – Friday: 8:00am to 5:00pm.	Phone: 1300 278 487  Web: <a href="http://artius.com.au">artius.com.au</a>  Location: 38 Limestone Street IPSWICH 4305 <i>5 minute walk from Ipswich Hospital &amp; USQ Building T/11, Salisbury Road IPSWICH 4305 8 minute bus from Ipswich Hospital</i>
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### SUNSHINE COAST - Sunshine Coast University Hospital

Warana Medical Centre -GP	No referral necessary contact clinic directly.	Bulk Billing available.	Yes.	Full payment up front and obtain refund from insurer later.  Check with your health insurance provider to see what your entitlements are.	Monday-Wednesday: 8:00am-5:00pm  Wednesday: 8:00am-6:00pm  Friday: 8:00am-5:00pm.	Phone: 5413 9888  Email: <a href="mailto:Health@waranamedical.com.au">Health@waranamedical.com.au</a>  Web: <a href="http://waranamedical.com.au">waranamedical.com.au</a>  Location: 1 Main Drive WARANA 4575 <i>12 minute bus from SCU Hospital</i>
The University of the Sunshine Coast Psychology Clinic -Psychologist	No referral necessary contact clinic directly.	Free	N/A	N/A	Monday-Wednesday: 9:00am-4:30pm  Thursday - Friday: 9:00am-2:30pm.	Phone: 5459 4514  Email: psychologyclinic@usc.edu.au  Web: <a href="http://Usc.edu.au">Usc.edu.au</a>  Sunshine Coast Mind & Neuroscience University of the Sunshine Coast, Ground Floor, Thompson Institute, 12 Innovation Parkway BIRTINYA 4575. <i>11 minute bus from SCU Hospital 22 minute walk from SCU Hospital</i>

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## RURAL CLINICAL SCHOOL

### BUNDABERG – Bundaberg Hospital

Burnett Medical Centre -GP	No referral necessary contact clinic directly.	Standard consultation: \$66  Discretionary Bulk Billing available.	Yes.	Yes- but you may be asked to make a full payment up front and obtain refund from insurer later.  Check with your health insurance provider to see what your entitlements are.	Monday – Friday: 8:00am-6:00pm.  Saturday: 8:00am-12:00pm	Phone: 4151 2608  Web: <a href="http://burnettmedical.com.au">burnettmedical.com.au</a>  Location: 15 Barolin Street, BUNDABERG 4670  <i>20 minute bus from Bundaberg Hospital 20 minute walk from Bundaberg Hospital</i>
Millbank Medical Practice -GP	No referral necessary contact clinic directly.	Standard consultation: \$65	Yes – \$37.60 rebate.	Yes- but you may be asked to make a full payment up front and obtain refund from insurer later.  Check with your health insurance provider to see what your entitlements are.	Monday – Friday: 8:30am-5:30pm.  Saturday: 9:00am-12:00pm.	Phone: 4131 9090  Email: <a href="mailto:reception@millbankmedical.com.au">reception@millbankmedical.com.au</a>  Web: <a href="http://millbankmedical.com.au">millbankmedical.com.au</a>  Location: 286 Bourbong Street, BUNDABERG 4670  <i>2 minute walk from Bundaberg Hospital</i>
Bridges Health and Community Care -Psychologist	No referral necessary unless seeking rebate.	Contact clinic directly to discuss cost.  \$125 for standard appointments  \$105 for concession card holders	Yes – If referred by a GP under a Mental Health Care Plan, you are entitled to a rebate from Medicare for 10 sessions per calendar year.  \$86.15 rebate	Yes- but you may be asked to make a full payment up front and obtain refund from insurer later.  Check with your health insurance provider to see what your entitlements are.	Monday-Friday: 8:30am-5:00pm	Phone: 1300 707 655  After hours crisis number: 1800 263 274.  Web: <a href="http://bas.org.au/mental-health-services">bas.org.au/mental-health-services</a>  Location: River Terrace & Oconnell St BUNDABERG 4670  <i>14 minute walk from Bundaberg Hospital 5 minute bus from Bundaberg Hospital</i>

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Coastal Life Therapies -Psychologist	No referral necessary unless seeking rebate.	\$150 for private clients with no referral.  \$150 for clients with Mental Health Care Plan with a rebate of \$86.15.	Yes – If referred by a GP under a Mental Health Care Plan, you are entitled to a rebate from Medicare for 10 sessions per calendar year.	Full payment up front and obtain refund from insurer later.  Check with your health insurance provider to see what your entitlements are.	Monday-Friday: 9:00am-5:00pm  After hours are at the discretion of the provider.	Phone: 4153 3235  Email: admin@coastallifetherapies.com.au  Web: <a href="http://coastallifetherapies.com.au">coastallifetherapies.com.au</a>  Location: Level 1, IWC building 184 Barolin Street BUNDABERG 4670  <i>19 minute bus from Bundaberg Hospital</i>
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**HERVEY BAY – Hervey Bay Hospital**

Bayswater Family Practice -GP	No referral necessary contact clinic directly.	Bulk Billing available.	Yes – with a rebate of \$38	Yes- but you may be asked to make a full payment up front and obtain refund from insurer later.  Check with your health insurance provider to see what your entitlements are.	Monday-Friday: 8:00am-5:00pm	Phone: 4197 1971  Web: <a href="http://bayswaterfamilypractice.com.au">bayswaterfamilypractice.com.au</a>  Location: 2 Bayswater Drive URRAWEEEN  <i>4 minute walk from Hervey Bay Hospital</i>
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Main Street Clinic -GP	No referral necessary contact clinic directly.	Bulk Billing available.	Yes with \$37.60 rebate	Yes- but you may be asked to make a full payment up front and obtain refund from insurer later.  Check with your health insurance provider to see what your entitlements are.	Monday-Friday: 7:45am-5:30pm  Saturday: 8:00am-11:30am	Phone: 4128 3644 or 4325 4000  Web: <a href="https://www.mainstreetmed.com.au/">https://www.mainstreetmed.com.au/</a>  Location: 71 Main Street, PIALBA  <i>14 minute bus from Hervey Bay Hospital</i>
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Enhanced Health & Wellness -Psychologist	No referral necessary unless seeking rebate.	Contact clinic to discuss cost.	Yes – If referred by a GP under a Mental Health Care Plan, you are entitled to a rebate from Medicare for 10 sessions per calendar year.	Yes- but you may be asked to make a full payment up front and obtain refund from insurer later.  Check with your health insurance provider to see what your entitlements are.	Monday-Thursday: 8:30am-5:00pm	Phone: 0477 865 886  Email: enhancedHW@gmail.com  Web: <a href="http://www.enhancedhw.com.au">www.enhancedhw.com.au</a>
Listrah Psychology -Psychologist	No referral necessary unless seeking rebate.	Standard appointment (50mins): \$140.00.	Yes – If referred by a GP under a Mental Health Care Plan, you are entitled to a rebate from Medicare.	Yes- but you may be asked to make a full payment up front and obtain refund from insurer later. Check with your health insurance provider to see what your entitlements are.	Monday-Friday: 9:00am-4:00pm	Phone: 4194 0260 0417624782  Web: <a href="http://elizabethwadepsychology.com.au">elizabethwadepsychology.com.au</a>  Location: 7/12 Nissen Street PIALBA 4655  <i>22 minute bus from Harvey Bay Hospital</i>

HEALTH SERVICE	HOW TO ACCESS	COST PER SESSION	MEDICARE REBATE AVAILABLE	PRIVATE HEALTH REBATE AVAILABLE	OPENING HOURS	CONTACT & BOOKING DETAILS
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### ROCKHAMPTON – Rockhampton hospital

<p>Imbina Medical Centre</p> <p>-GP</p>	<p>No referral necessary contact clinic directly.</p>	<p>Bulk Billing available</p>	<p>Yes.</p>	<p>Yes- but you may be asked to make a full payment up front and obtain refund from insurer later.</p> <p>Check with your health insurance provider to see what your entitlements are.</p>	<p>Monday-Friday: 8:30am-5:30pm</p>	<p>Phone: 4922 9166</p> <p>Web: <a href="http://imbinamc.com.au">imbinamc.com.au</a></p> <p>Location: 149 Denham Street ROCKHAMPTON, 4700</p> <p><i>7 minute Bus from Rockhampton Hospital 15 minute walk from Rockhampton Hospital</i></p>
<p>CQ Medicentre</p> <p>-GP</p>	<p>No referral necessary contact clinic directly.</p>	<p>Mixed billing/bulk billing available.</p> <p>Standard appointment: \$70.00-\$85.00.</p>	<p>Yes.</p>	<p>Yes- but you may be asked to make a full payment up front and obtain refund from insurer later.</p> <p>Check with your health insurance provider to see what your entitlements are.</p>	<p>Monday-Friday: 8:30am-5:00pm</p> <p>Saturday: 8:30am-12:00pm.</p>	<p>Phone: 4927 8271</p> <p>Web: <a href="http://cqmedicentre.com.au">cqmedicentre.com.au</a></p> <p>Location: Shop 20A, City Centre Plaza Cnr Fitzroy &amp; Bolsover Streets ROCKHAMPTON, 4700</p> <p><i>24 minute bus from Rockhampton Hospital.</i></p>
<p>Rockhampton City Psychology</p> <p>-Psychologist</p>	<p>No referral necessary unless seeking rebate.</p>	<p>Initial appointment (60-90 mins): \$230</p> <p>Standard appointment (50-60 mins): \$180</p>	<p>Yes – If referred by a GP under a Mental Health Care Plan, you are entitled to a rebate from Medicare for 10 sessions per calendar year.</p>	<p>Full payment up front and obtain refund from insurer later.</p> <p>Check with your health insurance provider to see what your entitlements are.</p>	<p>Tuesday-Friday: 8:30am-4:00pm</p>	<p>Phone: 4922 6266</p> <p>Email: admin@rockcitypsych.com</p> <p>Web: <a href="http://rockcitypsych.com">rockcitypsych.com</a></p> <p>Location: 49 Bolsover Street ROCKHAMPTON 4700</p> <p><i>18 minute walk from Rockhampton Hospital.</i></p>

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TOOWOOMBA – Toowoomba Hospital						
Grand Central Medical Centre  -GP	No referral necessary contact clinic directly.	Standard consultation: \$65.00	Yes.	Yes- but full payment must be made up front and refund obtained from insurer later.  Check with your health insurance provider to see what your entitlements are.	Monday-Friday: 8:00am-5:00pm  Saturday: 9:00am-1:00pm	Phone: 4637 1000 4616 6000  Web: <a href="http://gcmc.com.au/services">gcmc.com.au/services</a>  Location: Ground floor Grand Central Medical Centre Corner Margaret & Victoria Streets TOOWOOMBA 4350  <i>14 minute bus from Toowoomba Hospital 15 minute walk from Toowoomba Hospital.</i>
Toowoomba Medical & Dental Centre  -GP	No referral necessary contact clinic directly.	Build Billing available.	Yes	Yes- but full payment of \$80 for normal hours and \$90 for after-hours must be made up front and portioned refund obtained from insurer later.  Check with your health insurance provider to see what your entitlements are	Monday-Friday: 7:00am-10:00pm  Saturday-Sunday: 8:00am-10:00pm  Public Holidays: 8:00am-10:00pm.	Phone: 07 4642 2000  Web: <a href="http://toowoombamedicalanddental.com.au">toowoombamedicalanddental.com.au</a>  Location: James St & West St, TOOWOOMBA QLD 4350  <i>5 minute bus from Toowoomba Hospital 10 minute walk from Toowoomba Hospital</i>
Toowoomba Psychological Services  -Psychologist	No referral necessary unless seeking rebate.	Generally registered psychologist: \$150  Clinical psychologist: \$190  Bulk billing is at the discretion of each psychologist.	Yes -- If referred by a GP under a Mental Health Care Plan, you are entitled to a rebate from Medicare for 10 sessions per calendar year.  General rebate: \$86.15.  Clinical Psychologist rebate: \$126.50.	Full payment up front and obtain refund from insurer later.  Check with your health insurance provider to see what your entitlements are.	Monday-Friday: 8:00am-5:00pm  Saturday: 8:00am-2:00pm	Phone: 4638 1428  Location: 222 James Street, TOOWOOMBA QLD 4350  Web: <a href="http://twmbapsych.com.au">twmbapsych.com.au</a>  <i>5 minute bus from Toowoomba Hospital 10 minute walk from Toowoomba Hospital</i>



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<p>Quality Life Psychology Services</p> <p>-Psychologist</p>	<p>No referral necessary unless seeking rebate.</p>	<p>Standard appointment (60 mins): \$150</p>	<p>Yes – If referred by a GP under a Mental Health Care Plan, you are entitled to a rebate from Medicare for 10 sessions per calendar year.</p> <p>Rebate: \$86.15</p>	<p>Yes- but you may be asked to make a full payment up front and obtain refund from insurer later.</p> <p>Check with your health insurance provider to see what your entitlements are.</p>	<p>Monday-Friday 8:00am-5:30pm</p>	<p>Phone: 4529 2444</p> <p>Email: <a href="mailto:reception@qualitylifepsychology.com.au">reception@qualitylifepsychology.com.au</a></p> <p>Web: <a href="http://qualitylifepsychology.com.au">qualitylifepsychology.com.au</a></p> <p>Location: 881 Ruthven Street TOOWOOMBA, 4350</p> <p><i>8 minute drive from Toowoomba Hospital 15 minute bust from Toowoomba Hospital</i></p>
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